

SOFIA UNIVERSITY
"ST. KLIMENT OHRIDSKI"
FACULTY OF MEDICINE

1, Koziak str.
1407, Sofia, BULGARIA
Tel: 02 9607/417



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STATEMENT

Regarding the candidacy of **Dr. Rositsa Bozhidarva Popova**
for the academic position of Associate Professor (Docent),
Scientific field 7. Healthcare and sports, Professional direction 7.1.
Medicine - Hygiene, according to an announced competition in the
State Newspaper, no. 61 from 02.08.2022

Statement by:

Assoc. Prof. Velislava Dimitrova Dimitrova, MD, PhD
Internal member of the Scientific Jury appointed by
Order of the Rector of the SU "St. Kliment Ohridski", Sofia
No. RK 38-579/06.10.2022

Scientific specialties: Internal Medicine, Nephrology, Clinical
Pharmacology and Therapy
Faculty of Medicine, SU "St. Kliment Ohridski",
Lozenets Hospital, Head of the Nephrology Clinic.

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The statement has been written in accordance with the requirements of the Law on Higher Education, ZRASRB and the New Regulations on the Terms and Procedures for Acquiring Scientific Degrees and Holding Academic Positions at the Sofia University "St. Kliment Ohridski"

STATEMENT:

The statement was written in accordance with the requirements of the Regulations for the terms and conditions for acquiring scientific degrees and holding academic positions at the Sofia University "St. Kliment Ohridski"

The only candidate for the academic position "Associate Professor (Docent)" is Dr. Rositsa Bozhidarova Popova.

PROFESSIONAL DEVELOPMENT:

Dr. Rositsa Bozhidarova Popova graduated from the Medical University - Sofia as a Medical doctor in 2002. Her professional career started as a general practitioner, for around 4 years. The next two she was a doctor at "Diet Center Group" OOD. Improving herself, she briefly went through different companies as a demonstrator and a nutritionist. In 2008, she began her specialization in Nutrition and Dietetics. She has completed her specialization in Specialty in Nutrition and Dietetics on 25.06.2012.

The candidate is constantly developing herself and has already acquired numerous certificates from attended courses in the fields of Nutrition, Dietetics, Metabolic diseases, Diseases of the digestive system, Nutrition of patients with diabetes and dyslipidemia, etc. in Bulgaria and abroad.

SCIENTIFIC ACTIVITY:

In 2014, Dr. Rositsa Popova defended her dissertation on the topic "Malnutrition - modern diagnostic and therapeutic approaches" and obtained the Educational and Scientific degree of "Doctor" (PhD). Her academic career started on 04.02.2013, when she won a competition and became a Full-time Assistant Professor at the Medical Faculty of the Sofia University "St. Kliment Ohridski". Five years later, Dr. Popova is already Chief Assistant Professor at the Medical Faculty and a Teaching Physician at its main training base Lozenets Hospital.

Based on the data provided by the candidate, she is the author of a total of 79 scientific works - including one monograph, participated in the writing of sections of textbooks and manuals, scientific-thematic collections, published articles in periodical scientific publications and has many participations in national and international congresses.

The candidate also took part in an international scientific project in 2017.

Dr. Popova's scientific and applied papers are mainly in the field of preventive medicine, including nutrition, nutritional epidemiology, some aspects of occupational medicine, diet therapy for some diseases.

Dr. Popova is noted as the first author in 85% of the articles in scientific journals and collections, and as a co-author in the rest.

She has more than 40 sectional papers and posters presented at scientific conferences.

She has participated in the writing of 17 textbooks and 4 study aids for students of medicine, dentistry and other medical specialists, general practitioners.

38 Bulgarian citations were found in the reference provided by the Central Medical Library, regarding cited publications of the candidate in Bulgarian and foreign sources; 1 citation was found in foreign sources.

Dr. Rositsa Popova's articles have been published in renowned scientific journals. The large number of citations and the strong scientific interest show the high evaluation of her scientific developments and emphasize the significant contribution of her works.

The scientific indicators of Dr. Rositsa Popova fully meet and significantly exceed those required for the implementation of the minimum national requirements under Art. 2b of ZRASRB for scientific field 7. Health care and sports, professional direction 7.1. Medicine - Hygiene.

TEACHING ACTIVITY:

The candidate teaches the academic discipline "Hygiene and Ecology" for students of Medicine, Medicine in English, and Nursing. She conducts seminars and practical exercises on this mandatory discipline for the students of Medicine. She conducts a lecture course and practical exercises for the students of Nursing.

As a scientific teacher, Dr. Popova has sufficient classroom and non-auditory work, meeting the quantitative requirements of the Regulations for participation in a competition for the acquisition of the academic position of Associate Professor (Docent).

I believe that her impressive scientific productivity with the vast scientific response of the publications, evident from the large number of citations, the data on her overall scientific and research activity, her teaching qualities and the significant contribution of her scientific papers to the practice show that the candidate - Dr. Rositsa Bozhidarova Popova is a very highly qualified professional, an ambitious and constantly developing young academic teacher and researcher, who possesses all the necessary qualities for awarding the academic title of Associate Professor (Docent).

This gives me reason to strongly support the candidacy of Dr. Rositsa Bozhidarova Popova for the academic position of Associate Professor (Docent).

I give my POSITIVE assessment and propose to the Respected Scientific Jury to vote positively for awarding the academic title "Associate Professor (Docent)" in professional direction 7.1. Medicine - Hygiene to Dr. Rositsa Bozhidarova Popova.

Sofia, November 2022

Assoc. Prof. Velislava Dimitrova, MD, PhD

