

OPINION

by

PROF. ANZHELINA YANEVA, DSc

ABOUT:

CONTEST FOR THE NEEDS OF **DEPARTMENT OF SPORT** ANNOUNCED IN DV, ISSUE **21/15.03.2022 Г.** FOR TAKING THE ACADEMIC POSITION OF **“ASSOCIATE PROFESSOR”**;

AREA OF HIGHER EDUCATION: 1. PEDAGOGICAL SCIENCES;

PROFESSIONAL FIELD: **1.3. PEDAGOGY OF TEACHING IN ...**;

SCIENTIFIC SPECIALTY: PHYSICAL EDUCATION AND SPORTS – **FITNESS**;

APPLICANTS: ONE APPLICANT PARTICIPATES IN THE CONTEST:

– **CHIEF ASSISTANT STEFAN GEORGIEV MILETIEV, PH.D.**, LECTURER AT KATEDRA “INDIVIDUAL SPORTS AND RECREATION” AT DEPARTMENT OF SPORT AT SOFIA UNIVERSITY “ST. KLIMENT OHRIDSKI”.

A) GENERAL INFORMATION

THE APPLICANT SENIOR LECTURER STEFAN GEORGIEV MILETIEV, PH.D., HAS A DIVERSE EDUCATIONAL QUALIFICATIONS, COMPLETING SUCCESSIVELY:

- ✓ BACHELOR'S DEGREE IN NATIONAL SPORTS ACADEMY "VASIL LEVSKI" IN 2011 (FOOTBALL COACH);
- ✓ MASTER'S DEGREE IN NSA IN 2013 (SPORTS MANAGEMENT);
- ✓ **ONE-YEAR POSTGRADUATE QUALIFICATION** IN NSA IN 2015 (FITNESS INSTRUCTOR);
- ✓ **DOCTORATE** AT SOFIA UNIVERSITY "ST. KLIMENT OHRIDSKI" – 2018.

THE APPLICANT SHALL WORK AS:

- ✓ **LECTURER IN PHYSICAL EDUCATION AND SPORTS – FITNESS** IN THE **DEPARTMENT OF SPORT** AT SOFIA UNIVERSITY "ST. KLIMENT OHRIDSKI" OF 2013;
- ✓ **ASSISTANT** PROFESSOR OF PHYSICAL EDUCATION AND SPORTS – FITNESS AT THE STATE SCHOOL SINCE 2015;
- ✓ **CHIEF ASSISTANT** IN PROFESSIONAL DEPARTMENT 1.3. PEDAGOGY OF ... (PHYSICAL EDUCATION AND SPORTS – FITNESS) FROM 2019
- ✓ PARTICIPATES IN THE SPORTS PRACTICES OF THE STUDENTS FROM THE UNIVERSITY OF **SOBIA AS A SNOWBOARD INSTRUCTOR**;
- ✓ ACTIVELY PARTICIPATES IN **THE ORGANIZATION** AND CONDUCT OF SPORTS HOLIDAYS, SCIENTIFIC EVENTS, AND PROJECT ACTIVITIES OF THE DEPARTMENT OF SPORT.

THE APPLICANT HAS VERY GOOD COMPUTER LITERACY AND IS FLUENT IN FOREIGN LANGUAGES, WHICH IS A SUPPORT FOR HIS RESEARCH AND PRACTICAL ACTIVITIES.

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B) EDUCATIONAL-TEACHING ACTIVITIES

THE TEACHING ANNUAL WORKLOAD OF **DR. STEFAN MILETIEV** IS WELL ABOVE THE MANDATORY TEACHING WORKLOAD AND IS RELATED TO THE SUBJECTS AS FOLLOWS:

EXERCISES:

- ✓ "SPORT – FITNESS" – MANDATORY, ELECTIVE, AND OPTIONAL FORM FOR ALL MAJORS OF THE UNIVERSITY – OVER 180 HOURS;
- ✓ "SPORT – FITNESS FOR ADVANCED" – FOR ALL FACULTIES FOR "BACHELOR" AND "MASTER" – OVER 180 HOURS;

LECTURES AND EXERCISES:

- ✓ "METHODOLOGY OF BODYBUILDING TRAINING" AT THE FACULTY OF SCIENCES FOR EDUCATION AND ARTS FOR THE SPECIALTY "TEACHER OF PHYSICAL EDUCATION", BACHELOR'S DEGREE – 30 LESSONS;
 - ✓ "THEORY AND METHODOLOGY OF SPORTS TRAINING" IN THE DEPARTMENT OF INFORMATION AND IN-SERVICE TRAINING OF TEACHERS (DIISTT) – 24 HOURS;
 - ✓ "RECOVERY IN SPORT" (OPTIMIZATION OF THE EDUCATIONAL PROCESS) AT THE DIIT – 24 HOURS;
 - ✓ TEACHER (INSTRUCTOR) IN SNOWBOARDING – TEACHING AND SPORTS PRACTICES AT SOFIA UNIVERSITY – 30 H.
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C) SCIENTIFIC-APPLIED ACTIVITIES

PARTICIPATION IN SCIENTIFIC AND PRACTICAL CONFERENCES AND PROJECTS:

✓ **DR. STEFAN MILETIEV** CONTRIBUTED TO THIS REPORT ON NATIONAL AND INTERNATIONAL SCIENTIFIC FORUMS IN BULGARIA AND 3 PROJECTS AT THE SOFIA UNIVERSITY "ST. KLIMENT OHRIDSKI".

PUBLICATIONS

THE RESEARCH ACTIVITY OF CH. ASS. STEFAN MILETIEV, PH.D. IS FOCUSED ON THE DIFFERENT ASPECTS OF THE DEVELOPMENT OF FITNESS IN THE REPUBLIC OF BULGARIA AND THE WORLD - PHYSICAL INABILITY AND DIFFERENT SIDES OF THE EDUCATIONAL PROCESS AT THE UNIVERSITIES.

THE TOTAL NUMBER OF PUBLICATIONS OF THE CANDIDATE IS 28, BUT THE PROPOSALS FOR REVIEW, WHICH ARE IN THE FIELD OF THE COMPETITION, ARE 18. THE CANDIDATE PARTICIPATES IN THE COMPETITION WITH: ONE MONOGRAPH, ONE BOOK PUBLISHED BASED ON DOCTORAL WORK, AND 16 PCS. ARTICLES, NAMELY:

✓ HABILITATION WORK ON THE TOPIC: "SPORT AND VALEOLOGICAL EDUCATION" (2021) - IN THE MONOGRAPH, THE POSSIBILITIES FOR ACQUISITION AND DEVELOPMENT OF VALEOLOGICAL KNOWLEDGE AND COMPETENCIES THROUGH SPORTS, USING THE OPPORTUNITIES FOR SPORTS AT SCHOOL – MEDIUM AND HIGHER AS WELL AS EXTRACURRICULAR FORMS OF SPORTS ACTIVITIES.

THE AUTHOR ANALYZES THE CHARACTERISTICS OF FITNESS, AS A SPORT, AFFORDABLE AND POPULAR AMONG ALL AGE GROUPS, WHICH CAN SUCCESSFULLY BE APPLIED AND APPROPRIATE.

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✓ BOOK BASED ON DISSERTATION WORK FOR AWARDING A "DOCTOR" ON THE TOPIC "FITNESS TRAINING OF STUDENTS FROM SOFIA UNIVERSITY "ST. KLIMENT OHRIDSKI" (2019), REVIEWED BY A SCIENTIFIC JURY;

✓ ARTICLES AND SCIENTIFIC REPORTS - FOR THE COMPETITION THE CANDIDATE PRESENTS 8 ARTICLES IN SCIENTIFIC JOURNALS AND 8 REPORTS IN PROCEEDINGS OF CONFERENCES:

– 2 ARTICLES (PUBLICATIONS №3 AND 4), PUBLISHED IN SCIENTIFIC PUBLICATIONS, REFERRED AND INDEXED IN WORLD FAMOUS DATABASES WITH SCIENTIFIC INFORMATION - WEB OF SCIENCE – THEY HAVE BEEN PUBLISHED IN THE MAGAZINES: "STRATEGIES OF EDUCATIONAL AND SCIENTIFIC POLICY" AND "TRAKIA JOURNAL OF SCIENCES".

– 14 ARTICLES AND REPORTS PUBLISHED IN UNREFINED EDITIONS WITH SCIENTIFIC REVIEW OR PUBLISHED IN EDITED COLLECTIVE VOLUMES IN VARIOUS FIELDS AND ASPECTS OF PHYSICAL EDUCATION AND SPORTS, DISTRIBUTED IN THE FOLLOWING THEMATIC AREAS:

- METHODOLOGY OF FITNESS TRAINING (PUBLICS № 6, 7, 8, 11, 12, 13, 16, 17, 18 AND BOOK - №2) - ANALYSIS OF THE PSYCHOLOGICAL-PEDAGOGICAL SIDE OF THE FITNESS AS A SPORT WITH A VERY WIDE PUBLIC SCOPE, INCLUDING TO EDUCATE VALUES SUCH AS PHYSICAL, MENTAL AND SOCIAL WELL-BEING.

- PHYSICAL EDUCATION AND SPORTS IN UNIVERSITIES IN BULGARIA (PUBLICS № 5, 8, 9, 11, 12, 13)

- PHYSICAL EDUCATION AND SPORT IN A SCHOOL IN BULGARIA (PUBLICS № 5, 9, 10, 14, 15, 16) – INVESTIGATION OF THE INFLUENCE OF PRACTICING SPORT ON THE MENTAL AND PHYSICAL DEVELOPMENT OF THE STUDENTS IN THE MODERN SCHOOLS.

- FITNESS TRAINING OF STUDENTS AT THE SOFIA UNIVERSITY "ST. KLIMENT OHRIDSKI" (PUBLIC. № 6, 7, 8, 11, 17, 18) IN PRESENT AND ONLINE FORM - FITNESS TRAINING MAY BE CONSIDERED IN THE CONTEXT OF STRATEGICAL PRINCIPLES FOR THE DEVELOPMENT OF THE PE AND THE SPORT IN REPUBLIC OF BULGARIA.

- QUALIFICATION OF THE PE TEACHERS (PUBLICS № 10, 14), WHERE THERE IS DISCLOSURE OF THE SYSTEM OF ACTIVITIES, ORIENTED TO THE CONTINUING QUALIFICATION OF THE TEACHERS OF PE.

- HEALTH AND HEALTHY WAY OF LIFE THROUGH SPORT (PUBLIC № 9 AND MONOGRAPH - №1) WHERE ATTENTION IS ATTENDED TO SPORTS EDUCATION AS AN IMPORTANT SOCIAL FACTOR FOR BUILDING THE MODERN MODEL FOR A HEALTHY LIFESTYLE. ALL PUBLICATIONS HAVE ISBN AND ISSN AND MEET THE REQUIREMENTS. THE SCIENTIFIC WORKS ARE FOLLOWING THE REQUIREMENTS FOR TAKING THE ACADEMIC POSITION OF ASSOCIATE PROFESSOR. THE SCIENTIFIC CONTRIBUTIONS IN THE ABOVE-MENTIONED PUBLICATIONS SHOW IN-DEPTH PEDAGOGICAL EXPERIMENTAL ANALYSES BOTH IN THEORETICAL AND PRACTICAL-APPLIED ASPECTS.

THE RESEARCH ON THE EFFECTIVENESS OF FITNESS TRAINING, WHICH IS EXCLUSIVELY SCIENTIFIC-EXPERIMENTAL AND PRACTICALLY APPLICABLE TO THIS EQUIPMENT, DESERVES SPECIAL ATTENTION.

CH. ASS. STEFAN MILETIEV, PH.D. HAS BEEN QUOTED 7 TIMES, 4 OF WHICH ARE IN MONOGRAPHS AND 1 IN A SCIENTIFIC PUBLICATION REFERENCE AND INDEXED IN WORLD-FAMOUS DATABASES, THE TOTAL NUMBER OF POINTS (65) EXCEEDING THE MINIMUM REQUIREMENTS FOR QUOTATIONS.

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D) SCIENTIFIC-METRIC DATA AND PLAGIARISM

NO ATTEMPTS FOR PLAGIARISM HAVE BEEN FOUND.

THE APPLICANT COVERS THE MINIMUM SCIENTIFIC-METRIC DATA AND MEETS THE REQUIREMENTS OF THE SOFIA UNIVERSITY. THIS CAN BE SEEN FROM PROTOCOL № 2 FOR VERIFICATION OF THE DOCUMENTS OF THE CANDIDATES FOR THE COMPETITION FOR "ASSOCIATE ASSISTANT" IN DIRECTION 1.3. PEDAGOGY OF TRAINING IN ... (PHYSICAL EDUCATION AND SPORT - FITNESS) (RECTOR'S ORDER ПД 38-183/08.04.2021 г.), ACCORDING TO WHICH, THE COMMISSION HAS DECIDED AS FOLLOWS:

- ✓ THE CANDIDATE CH. ASS. STEFAN GEORGIEV MILETIEV, PH.D., SUBMITTED ALL NECESSARY DOCUMENTS ON TIME;
 - ✓ THE DOCUMENTS MEET THE LEGAL REQUIREMENTS;
 - ✓ THE APPLICANT MEETS THE NATIONAL MINIMUM AND ADDITIONAL REQUIREMENTS.
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E) CONCLUSION

THE RESEARCH ACTIVITY OF THE CANDIDATE IS DISTINGUISHED WITH HIGH THEORETICAL AND SCIENTIFIC-APPLIED VALUE. WITH THE INVESTIGATION OF MULTILATERAL PROBLEMS, COVERING IMPORTANT THEORETICAL AND PRACTICAL SUMMARIES SOLVED IN AN ORIGINAL WAY.

BASED ON THE PRESENTED FOR REVIEW PUBLICATIONS AND THE OVERALL ACTIVITY OF **CHIEF ASSISTANT STEFAN MILETIEV PH.D.** I GIVE MY POSITIVE EVALUATION OF HIS ACTIVITIES AS A LECTURER, SPECIALIST, AND SCIENTIST.

IN THIS CONNECTION AND BASED ON THE ABOVE, I COMPLETELY CONVINCEDLY PROPOSE THE RESPECTED MEMBERS OF THE SCIENTIFIC JURY TO AWARD THE ACADEMIC POSITION "ASSOCIATE PROFESSOR" TO **CHIEF ASSISTANT STEFAN MILETIEV PH.D.** BY PROFESSIONAL FIELD 1.3. PEDAGOGY OF TRAINING IN... (PHYSICAL EDUCATION AND SPORT - **FITNESS**), FOR THE NEEDS OF THE DEPARTMENT OF SPORTS **AT THE SOFIA UNIVERSITY "ST. KLIMENT OHRIDSKI"**.

06.06.2022

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