**OPINION**

**by Assoc. prof. Nikolay Panayotov, Ph.D**

**of scientific works and educational activities**

**To chief assistant Bilyana Krasimirova Tumanova – Rangelova, Ph.D**

**REGARDING:**

***Participation in a competition for the occupation of the academic position "Assoc. prof" in a professional direction 1.3. Pedagogy of training in physical education and sports - swimming, announced in*** ***State Gazette, no. 35 of 18.04.2023.***

**According to the competition procedure:**

The competition was announced in the State Gazette no. 35 of 18.04.2023, by professional direction 1.3. Pedagogy of training in /Physical education and sport - swimming/, for the needs of the Department of Sports at SU "St. Kliment Ohridski".

One candidate submitted documents for participation in the competition. According to an application submitted to the Rector of SU "St. Kliment Ohridski" by chief assistant Bilyana Krasimirova Tumanova - Rangelova , Ph.D. lecturer in the department of "Individual sports and recreation" in the Department of Sports of SU "St. Kliment Ohridski", Ph.D. and after evaluating the declared scientometric data, she was allowed to participate in the competition.

**Conclusion:** The documents presented in the competition correspond to the requirements of the Law on the Development of the Academic Staff, the Regulations for the Application of the Law on the Development of the Academic Staff and the Regulations on the Terms and Conditions for the Acquisition of Scientific Degrees and the Occupancy of Academic Positions of SU "St. Kliment Ohridski.

**Biographical data, education and scientific qualification of the candidate.**

The candidate for the academic position " Assoc. prof. " chief assistant Bilyana Rangelova, doctor was born on 23.04.1985.

He successively acquired a bachelor's degree - 2007, majoring in Synchronized Swimming Coach, a master's degree - 2008 in Sports Journalism at Vasil Levski National Academy of Sciences.

In 2018 acquires ONS " Ph.D" in professional direction 1.3. Pedagogy of training in /Methodology of training in physical education and sports - swimming/, based on a successfully defended dissertation on the topic "The effect of an adapted swimming program for babies" for the acquisition of the ONS " Ph.D“

From the submitted documents, it is clear that Bilyana Rangelova has extensive professional experience gained as a swimmer (state champion) and awarded the title of candidate master of sports, swimming coach, part-time swimming teacher at SU "St. Kliment Ohridski".

Of particular interest to me is his work as a swimming coach for babies, which he has been doing since 2012. An interesting and noble cause and activity. It is this work that gives her the reason to focus on the topic of her dissertation and work.

In 2016, he won a competition for Assistant in Swimming at the Department of "Individual Sports and Recreation" at the Department of Sports of SU "St. Kliment Ohridski", and in 2019 a competition for Chief Assistant in the same specialty.

As a teacher, Mrs. Rangelova continues to perform as a competitor and wins prizes. Last but not least is his work as a coach, for which he won the SU Coach of the Year award.

The candidate has participated in numerous projects. The participation in a scientific research project under the national program "Young scientists and post-doctoral students", a member of the scientific research internal project "Investigation of the educational environment for ensuring quality training in physical education and sports in the secondary school", and the project "Innovative training in sports pedagogy through the development of educational cards for sports and health education" deserve attention. It is important to note the candidate's activity as a volunteer in such organizations as "Special Olympics" Bulgaria and "Voden Path" Foundation.

Actively participates in the activities of the academic community, as a member of the Attestation Commission at the Department of Sports, responsible for sports at the Faculty of Pedagogy at SU.

**Research activity**

The reference for the scientific research production on scientometric indicators of Rangelova submitted for the competition meets the national requirements under Art. 26 of the Law on the Development of the Academic Staff in the Republic of Bulgaria.

16 scientific papers were submitted for participation in the competition for the academic position "Associate Professor":

 Monograph - 1 pc. ( #1)

 Book-1 pc. (#2)

 Articles in scientific journals - 3 nos. (#4, 9,10)

 Articles and reports in collections of scientific forums - 11 nos. (No. 3, 5, 6, 7, 8, 11, 12, 13, 14, 15, 16)

Of the total of 16 scientific works, 3 were published abroad.

Authorship in publications is as follows:

 Independent - 12

 Lead author- 3

 Second author- 1

Of the 16 scientific papers presented - 14 are in Bulgarian, 2 are in English.

Thus, the scientific works presented meet the requirements for the points (420) for the individual indicators necessary for holding the academic position "Associate Professor" at SU.

The theoretical value of the presented works can be reduced to the following:

 The knowledge about the sport of swimming, as a motor activity, is enriched through the study of persons with different qualifications - from practicing with a recreational nature to student sports.

 Conceptualized the idea of the sport of swimming in the field of education as a motor activity for life. – cognitive and long-term.

 Models of methodical units (exercises) have been developed for different muscle groups, motor qualities and physiological indicators important for swimming as an activity.

 The sport of swimming has been studied in a historical aspect, with a special place being allocated to its appearance and development in VU.

**From the presentation of the research, some more important scientific-applied contributions can be deduced:**

1. Original data are presented showing the important role of regular physical activity, in particular swimming, for prevention and health promotion in all age groups. A contribution to the common efforts of the European Union to increase the level of physical activity among the entire European population.

2. In the field of professional training of sports-pedagogical personnel, the theory of "Sports - swimming" activities has been enriched as an "Elective - compulsory" form of education in higher schools with a non-sports orientation.

3. Important generalizations and conclusions are made based on the comparison and analysis. The developed and approved scientific studies are original, original and innovative. Scientific searches in the presented publications enrich and modernize the theory and practice of the discipline of swimming. The achieved results and the conclusions drawn from them are an addition to the theory and methodology of physical education and sports.

**Conclusion**

According to the requirements of the Regulations for the acquisition of scientific degrees and holding academic positions in the SU "St. Kliment Ohridski", the scientific and applied nature of the publications, the pedagogical activity, the procedural requirements of the competition and the fulfillment of scientometric requirements according to the regulations for the application of the development of the academic staff in the Republic of Bulgaria, I propose to the members of the Scientific Jury that the academic position of "Assistant Professor" of chief assistant Bilyana Krasimirova Tumanova - Rangelova, Ph.D. be voted the academic position of "Assistant Professor" by professional direction 1.3 Pedagogy of training in physical education and sports - swimming at the Department of "Individual Sports and Recreation" of the Department of Sports of SU "St. Kliment Ohridski"

21.07.2023 Assoc. prof. Nikolay Panayotov, Ph.D