To

The chairman of the scientific jury,

appointed by Order No. RD 38 – 296 /12.06.2023

of the Rector of Sofia University "St. Kliment Ohridski".

Attached I present:

OPINION

on competition for the academic position "Associate professor", in professional direction 1.3. Pedagogy of training in /physical education and sports - swimming/, for the needs of the Sports Department of SU "Kl. Ohridski" announced in SG No. 35/18.04.2023

By decision of the Departmental Scientific Council of the Department of Sports, DIUU, DEO protocol No. 5/29.05.2023. for the members of scientific jury and order No. RD 38 – 296 /12.06.2023 of the Rector of Sofia University, St. Kliment Ohridski", I am included in the scientific jury.

With a protocol of the first meeting of the scientific jury from 29.06.2023, I am appointed to prepare an opinion.

The opinion was written according to the requirements of the existing Law on the Development of the Academic Staff, the Regulations for its Application, the Ordinance on the Development of the Academic Staff of Sofia University "St. Kliment Ohridski"

Prepared opinion: Prof. Kostadin Kirilov Kostov, Ph.D

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OPINION

from

Prof. Kostadin Kirilov Kostov, PhD,

about the teaching and research activities, the theoretical and practical contributions in the publications of the assistant professor. Bilyana Rangelova, Ph.D., lecturer at the Department of "Individual Sports and Recreation", Department of Sports, Sofia University, St. Kliment Ohridski", presented for participation in a competition for the academic position of "Associate Professor", in professional direction 1.3. Pedagogy of training in /physical education and sport - swimming/.

The competition is legally announced in SG No. 35/18.04.2023 and is held in compliance with all clauses of the ZRASRB and the Regulations for its application. This entitles the Scientific Jury to evaluate the candidate in accordance with Art. 24 of ZRASRB and art. 53 of the Regulations for the implementation of the law. The candidate has submitted the complete set of necessary documents for the procedure.

Dear members of the scientific jury,

in my capacity as a member of the scientific jury, determined by Order of the Rector of Sofia University, St. Kliment Ohridski". № РД 38 – 296 /12.06.2023, in connection with the announced competition for the academic position "Associate Professor", I studied the materials provided to me by the single ocandidate, Assistant Professor. Bilyana Rangelova, Ph.D. She has submitted all the documents necessary for the stated purpose, provided for by the modern legal provisions and the Rules for the terms and conditions for acquiring scientific degrees and holding academic positions at Sofia University, St. Kliment Ohridski". The procedures related to the course of the competition are also in accordance with the regulations.

General presentation of the candidate

Experience

1994- 2001 - Swimming competitor, Republican champion, Candidate Master of Sports.

– 2005 - Swimming coach

2012- 20016 - Honorary swimming teacher, Department of Sports of Sofia University, St. Kliment Ohridski"

2016-2018 – Full time swimming assistant at the Sports Department of Sofia University, St. Kliment Ohridski", Coach of the representative men's swimming team.

2019 - Ch. assistant in swimming at the Department of Sports of Sofia University, St. Kliment Ohridski".

Education and training

2003 – 2007 - Bachelor's degree "Synchronized swimming coach", Vasil Levski National Sports Academy, Sofia.

2007 - 2008 - Master's degree in "Sports Journalism", Vasil Levski National Academy of Sciences, Sofia.

2018 - ONS "Doctor", 1.3. Pedagogy of training in... (Methodology of training in physical education and sport-swimming) Sofia University "St. Kliment Ohridski".

Teaching activity

Theory and methodology of sports training" in the DIUU of SU, 2023.

Study discipline "Sport" (swimming) in the Department of Sports - mandatory, optional and optional form for all faculties and majors of the Bachelor's and Master's Colleges of the University of St. Kliment Ohridski".

Study discipline "Sport - sports improvement" (swimming), in the Department of Sports - mandatory, optional and optional form for all faculties and specialties of the "Bachelor's" and "Master's" of the SU "St. Kliment Ohridski".

Study discipline "Swimming" - specialty "Physical education and sports" at FNOI

Study discipline "Swimming" in the master's program "Management of sports and tourism activities", FNOI.

Participation in projects

2021 - member of a research project under the national program "young scientists and postdoctoral fellows"

2022 - member of a research project under the national program "young scientists and postdoctoral fellows"

2023- member of the research internal project "Investigation of the educational environment to ensure quality education in physical education and sports (FVS) in secondary school"

2023 - member of the scientific research tea Lash internal project "Innovative training in sports pedagogy through the development of educational cards for sports and health education"

General description of the presented materials

The number, subject matter, volume and quality of the publications presented for the competition by the Head of Assistant Bilyana Rangelova, meet the requirements of the Law on the Development of the Academic Staff in the Republic of Bulgaria at the moment, as well as the relevant documents of the Regulations for the conditions and procedures for acquiring scientific degrees and holding academic positions at Sofia University.

The scientific production of the chief Assistant professorp Bilyana Rangelova includes a total of 16 publications (3 monographs, 1 book, 3 articles in scientific journals, 11 articles in proceedings of scientific conference . Chief assistant Bilyana Rangelova participated in 4 research projects. The leading scientific publications are in the field of the competition.

The results of the conducted scientific research activity are presented regarding:

increasing the efficiency and optimizing the learning process for students who choose to practice the sport of swimming during their studies;

increasing the efficiency and optimization of the learning process for students of the "Physical Education and Sports" specialty at SU "St. Kliment Ohridski";

increasing the efficiency and optimizing the learning process through the means and methods of swimming for students aged between 14 and 16;

improvement of some physiological indicators and motor qualities of babies from 6 months to 3 years of age by applying an adapted swimming program created for persons of this age group;

swimming as a skill and necessity - prevention for health.

In the scientific works proposed for the competition, the main results of the conducted own and collective researches, which enrich the scientific knowledge in the Bulgarian scientific and applied literature in the field of physical education and sports, are published.

The scientific production is mainly of an experimental nature and has a significant scientific and applied contribution. It is likely that the reviewers will dwell in more detail on its merits and weaknesses.

The scientific theoretical and applied contributions requested by the candidate are adequate to the content of the presented publications and testify to the depth of the professional reflection.

I fully accept the applicant's contributions, systematized in the reference of the same name.

Critical notes and recommendations

I have no critical notes and recommendations that cast doubt on the applicant's scientific and scientific-applied contributions.

Personal impressions

I know Chief Assistant. Bilyana Rangelova as a diligent and responsible scientist and teacher, as an active participant in scientific forums, conferences and symposiums. She is distinguished by correctness, persistence and purposefulness in her professional development. Works well in a team, as evidenced by numerous joint publications and research projects.

General Assistant Bilyana Rangelova is a scientist with proven competences in her scientific field. Her research and publications fully correspond to modern trends in science and practice and are useful both for students and specialists working in the field of physical education and sports.

The candidate's creative activity gives me reason to conclude that with his overall teaching and research activity, Head Assistant. Bilyana Rangelova is a distinguished specialist with rich professional competence in the scientific field in which the competition is announced.

On the basis of the above-mentioned evidence of the academic activity of the assistant principal. Bilyana Rangelova, I express my opinion that the research and teaching activities meet the requirements for holding the academic position "Associate professor".

The overall scientific creativity, the serious experience accumulated by the candidate over the years in the field of practical and teaching activities, the scientific and applied-practical contributions, give me the reason to propose to the respected Scientific Jury to choose the Chief assistant Bilyana Rangelova, PhD, for the academic position:

"Associate professor" in professional direction 1.3. Pedagogy of training in/ physical education and sport - swimming./.

I myself vote "FOR" her candidacy.

24.07.2023

Member of the Scientific Jury: /prof. Kostadin Kostov, PhD /