

SOFIA UNIVERSITY "ST. KLIMENT OHRIDSKI"

**OPINION**

of

**Assoc. Prof. Diana Nikolova Peeva, PhD**

on the materials for participation of Chief Assistant **Petya Stoyanova Hristova, PhD**

in the competition for academic position "**Associate Professor**",

in professional field 1.3. Pedagogy of Education in...

(Physical education and sport – fitness)

announced in the State Gazette, no. 24/17.03.2023

*The opinion was prepared on the basis of Order No RD-38-168/19.04.2023  
of the Rector of Sofia University*

**Brief biographical data about the applicant**

Petya Stoyanova Hristova was born on 29. 04. 1973. She completed secondary education at the High School of Construction "Hristo Botev" in 1992. In 1996 she graduated higher education with Master degrees in Teacher of Physical Education and Sports Manager at the National Sports Academy "Vasil Levski", Sofia. In 1994-1996 she graduated the Programme in Sports Journalism with qualification „Editor at a sports department in newspapers, television and radio“ at the National Sports Academy "Vasil Levski", Sofia.

In 2017 she was awarded the educational and scientific degree of "Doctor" in scientific field "Pedagogy", professional field 1.3 Pedagogy of education in ... (Physical Education and Sport – Aerobics), at the Sofia University "St. Kliment Ohridski".

She worked as a teacher in artistic gymnastics and instructor in aerobics, calanetics and fitness.

In 2014-2017 she was Assist. Prof. in professional field 1.3. (exercises in subject "sport" – aerobics and calanetics) at the Department of Sports with the Sofia University "St. Kliment Ohridski". Since 2017 she has been Chief Assistant in professional field 1.3. (exercises in the subject "sport" – aerobics, callanetics, low-intensity interval training, high-intensity interval training, gymnastics for proper posture and stretching) at the Department of Sports with the Sofia

University "St. Kliment Ohridski".

She is fluent in Russian and English and has excellent computer training.

### **Research and applied research activities of the applicant**

The scientific works submitted for the "Associate Professor" competition can be classified as follows:

- Monograph – Purpose and potential of subject "Physical Education and Sport" in the higher education system of Bulgaria, ISBN 978-954-07-5353-9, reviewed.
- Articles and papers published in scientific journals, peer-reviewed and indexed in world-famous databases of scientific information – 3 (Web of Science).
- Articles and papers published in non-indexed journals with scientific reviews or published in edited collective volumes – 11.
- Citations – the list contains 5 citations.
- Projects – participation in 5 successfully completed projects.
- Of the publications, 4 are in English, the number of independent publications is 14.

<b>Group of indicators</b>	<b>Contents</b>	<b>Assoc. Prof.</b>	<b>Chief Assistant P. Hristova</b>
<b>A / A</b>	Indicator 1	50	<b>50</b>
<b>B / B</b>	Indicator 2	-	-
<b>B / C</b>	Indicator 3	100	<b>100</b>
<b>Г / D</b>	Sum of indicators from 4 to 10	200	<b>200</b>
<b>Д / E</b>	Sum of indicators from 10 to 13	50	<b>55</b>
<b>E / F</b>	Sum of indicators from 14 to the end	-	-
<b>Total</b>		400	<b>405</b>

It can be seen that the points of the applicant exceed the minimum of points necessary for this academic position. In this regard, the applicant has fulfilled the requirements of Act on development of the academic staff in the Republic of Bulgaria (ADASRB) and Regulations on the terms and conditions for acquiring scientific degrees and occupying academic positions (RTCOAP) in the Sofia University „St. Kliment Ohridski”.

### **Assessment of the applicant's educational and pedagogical activities**

I consider that the applicant's educational and pedagogical activities are active and purposeful being entirely oriented to the field of competition. In my opinion the preparation and activity of the applicant are on high level and she is suitable to take the academic position of "Associate Professor".

### **Main scientific and applied scientific contributions**

The main scientific contributions of the applicant are in the field of sports and pedagogical and training processes. They are set out in details in the reference presented by Chief Assistant Dr Petya Stoyanova Hristova. I agree with the scientific contributions listed by the applicant in her studies as significant.

### **Notes and recommendations**

It is impressive that the presented materials under the competition have been prepared with extreme quality. Regarding them I would give the following recommendations:

- To structure and unite the contents of publications as a teaching handbook that can be used in the educational process and by professionals in practice.

### **Conclusion**

The materials submitted by the applicant in the competition meet the requirements of the Act on development of the academic staff in the Republic of Bulgaria (ADASRB). Based on the achieved scientific results, academic and practical activities, I give my affirmative conclusion that Chief Assistant Petya Stoyanova Hristova, PhD, can occupy the academic position "Associate Professor" in professional field 1.3. Pedagogy of Education in... (Physical education and sports – fitness).

11.06.2023  
Sofia

Member of the Scientific Jury:  
Assoc. Prof. Diana Peeva, PhD