

Dear members of the Scientific Jury,

As a member of the Scientific Jury, appointed by Order of the Rector of Sofia University "St. Kliment Ohridski" № RD 38-316 / 09.07.2021., in connection with the announced competition for the academic position "Professor" in professional field 1.3. Pedagogy of training in ... (Physical education and sports - swimming), for the needs of the Department of Sports at Sofia University "St. Kliment Ohridski", I examined the materials provided to me by the only candidate, Assoc. Prof. Boryana Tumanova, PhD. The candidate has provided all needed documents in conformity with the contemporary legal regulations and the Regulations on the terms and conditions for obtaining scientific degrees and holding academic positions at Sofia University "St. Kliment Ohridski". The procedures related to the course of the competition are also in accordance with the regulations. t. Kliment Ohridski University. The procedures related to the course of the competition are also in accordance with the regulations.

OPINION

From: Kostadin Kirilov Kostov, PhD, Professor in Professional Field 1.3. Pedagogy of training in physical education and sports / kinesitherapy /.

Subject: The application of Boryana Georgieva Tumanova for a competition for the academic position "professor" in a professional field 1.3. Pedagogy of training in ... (Physical education and sports - swimming), announced in SG, issue. 54 / 29.06.2021. This assessment has been prepared in accordance with the requirements of the Law on the development of the academic staff of the Republic of Bulgaria, the Rules for its implementation, the Internal Rules of Sofia University, including the Habilitation Procedure and the announcement of a competition on the website of Sofia University.

1. General presentation of the candidate

Assoc. Prof. Boryana Tumanova is a lecturer in the Department of Sports at Sofia University "St. Kliment Ohridski" in sports, sports-swimming and methods of teaching swimming.

She defended her PhD thesis "Adapted swimming training program for people with intellectual disabilities" in 2012.

She habilitated as an associate professor with a monograph "Possibilities of swimming to regulate behavior and motivation for the realization of people with intellectual disabilities" in 2014.

Head of the Department of Individual Sports and Recreation from 2011 to 2014.

Deputy Director of the Department of Sports from 2014 to 2017

He has been the director of the Department of Sports from 11/2017 until today.

2. Grounds for the evaluation and general characteristics of the publications and professional activities submitted for consideration under this procedure

For the competition, Assoc. Prof. Tumanova, presented all the necessary documents, precisely described and clearly arranged, according to the requirements of the Law on the development of the academic staff and the Regulations of Sofia University "St. Kliment Ohridski" for its implementation.

The scientific production of Assoc. Prof. Tumanova is significant. It is focused mainly on one problem - swimming as a system of physical education and training and the possibilities for its application for different in age groups.

Her scientific production has a certain scientific and practical contribution to the development of training in physical education and sports and in particular the swimming training.

This applies to the book, monograph and dissertation, as well as to some individual studies of an experimental nature. In this sense, her research is closely related to the profile and nature of research and teaching work in the Department of Sports at Sofia University, where she was reasonably elected as associate professor.

3. Fulfillment of the requirements for holding the academic position

□ Research activity of the candidate

The scientific production of Assoc. Prof. Tumanova so far includes 58 publications, of which 21 are reviewed for the purposes of the competition for the academic position of "professor". They can be presented as follows:

□ Monographs, Textbooks, Books - total - 3, individual - 2, co-authored - 1

□ Articles - total - 17, individual - 13, co-authored - 4.

From them:

- Articles in peer-reviewed and indexed journals - 2
- Articles in scientific journals in Bulgaria - 4
- Reports from scientific conferences in Bulgaria - 5
- Reports from scientific conferences abroad - 6

Of the 21 scientific papers - 12 are in Bulgarian, 8 are in English and 1 is in Russian.

□ Boryana Tumanova participates in 8 scientific and educational projects - 1 of them as a leader and 7 as a participant.

□ 20 participations as a member of the Scientific Jury under PN 1.3 and 7.6 - 8 of them as a reviewer.

□ General characteristics of the developed problems

The 21 scientific publications proposed for review are in the field of the competition.

The results are presented of the conducted research activity - independently and in co-authorship, regarding:

- increasing of the efficiency and optimizing of the learning process for students who have chosen to practice swimming, during their studies;
- increasing of the efficiency and optimization of the learning process for students majoring in "Physical Education and Sports" at Sofia University;
- problems related to the adapted physical activity of people with special needs;
- sports for the elderly
- Swimming, as a skill and a necessity - prevention for health.

□ thematic areas:

- Physical education and sports in the education system.
- Adapted physical activity;
- Swimming, as a skill and a necessity - prevention for health.

□ Scientific contributions.

I fully accept the candidate's contributions presented in the reference for the competition. The most important are the following:

- Original data is presented, showing the important role of regular physical activity, in particular swimming for prevention and health promotion.
- The scientific research in the presented publications enriches and updates the theory and practice of the discipline of swimming. The achieved results and the conclusions made are a supplement to the theory and methodology of physical education and sports.

□ The teaching activity of Boryana Tumanova

is associated with Sofia University "St. Kliment Ohridski ", where Assoc. Prof. Tumanova is an authoritative full-time lecturer at the Department of Sports. She has rich practical experience, which has always served as a basis for her experimental activity in this field. She has developed 4 curricula in "Sports-swimming", "Sports - sport swimming improvement", "Methods of teaching swimming" and a program in "Swimming" for students from Sofia University "St. Kliment Ohridski ". She gives lectures at the Faculty of educational studies and the arts, Faculty of Law and Faculty of Journalism and mass communication at Sofia University.

4. Personal impressions

I know Assoc. Prof. Boryana Tumanova as a diligent and responsible scientist and lecturer, as an active participant in scientific forums, conferences and symposia. In our joint work she has always demonstrated high professionalism and collegiality.

In conclusion

The presented documents and materials fully comply with the requirements of the Law on Academic Development of the Republic of Bulgaria, the Regulations of its implementation, the internal regulations for the activity, for the development of the academic staff and for the educational activity of Sofia University "St. Kl. Ohridski ". The overall scientific work, the serious experience gained by her over the years in the field of teaching and the indicated scientific and practical contributions, are the reasons to propose to the esteemed Scientific Jury to elect Assoc. Prof. Boryana Georgieva Tumanova, PhD, for the academic position " professor ", professional field 1.3. Pedagogy of teaching ... (Physical education and sports – swimming).

03.10.2021

The opinion given by:

Kostadin Kostov /


prof.