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|  **UNIVERSITY "ST. KLIMENT OHRIDSKI" SOFIA** |
| **SPORT DEPARTMENT** |
| **Schedule** |
| **Cross-fit, Pilates, Dance sport, Yoga** |
| **Assist. Prof. Nikoleta Bocheva****Part time assistants: Miglena Bahchevanova, Phd; Cvetanka Velichkova; Kristina Valkova** |
|  **2019 - 2020 ACADEMIC YEAR - WINTER SEMESTER** |
|  | **10.00 - 11.30** | **11.30 - 13.00** | **13.00 - 14.30** | **15.00-16.30** | **17.00-18.30** | **18.30-20.00** |
| **Monday** | ***Pilates*** | ***Pilates*** | ***Pilates*** | ***Dance sport*** |  |  |
| N. Bocheva | N. Bocheva | N. Bocheva | M. Bahchevanova |  |  |
| **Tuesday** | **9.00-10.30** | **10.30-12.00** | **14.00-15.30** | **15.30 - 17.00** | **17.30-19.00** |  |
| ***Yoga*** | ***Yoga*** | ***Yoga*** | ***Dance sport*** | ***Dance sport –*** ***intermediate*** |  |
| Cv. Velichkova | Cv. Velichkova | Kr. Valkova | M. Bahchevanova | M. Bahchevanova |  |
| **Wednesday** | **10.00 - 11.30** | **11.30 - 13.00** | **13.00 - 14.30** | **14.30-16.00** | **16.30-18.00** |  |
| ***Pilates*** | ***Cross-fit*** | ***Cross-fit*** | ***Dance sport*** |  |  |
| N. Bocheva | N. Bocheva | N. Bocheva | M. Bahchevanova |  |  |
| **Thursday** | **10.00 - 11.30** | **11.30 - 13.00** | **14.00 - 15.30** | **16.00-17.30** | **18.00-19.30** |  |
| ***Pilates*** | ***Cross-fit*** | ***Dance sport*** | ***Dance sport*** | ***Dance sport –***  ***intermediate*** |  |
| N. Bocheva | N. Bocheva |  M. Bahchevanova | M. Bahchevanova | M. Bahchevanova |  |
| **Friday** | **10.00-11.30** | **12.00 – 13.30** | **14:00 – 15:30** | **15:30 – 17:00** |  |  |
| ***Dance sport*** | ***Yoga*** | ***Yoga*** | ***Yoga*** |  |  |
| M. Bahchevanova | Cv. Velichkova | Kr. Valkova | Kr. Valkova |  |  |

Classes take place Sport hall at 8 Buildg, Students campus of Sofia City Director of Sport Department

/Assos.. Prof. Boriana Tumanova, PhD/