

## OPINION

regarding a dissertation for awarding the educational and scientific degree "Doctor" in the field of higher education 1. Pedagogical sciences, professional direction 1.2. Pedagogy, doctoral program Theory of education and didactics (Theory of education)

**Prepared the opinion :** Assoc. Prof. Snezhana Atanasova Popova, Ph.D.  
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**Author:**

Evgenia Evgenieva Chausheva

**Subject:**

Education of emotional intelligence in adolescents through the means of art

**Supervisor:**

Assoc. Prof. Vladislav Gospodinov, PhD - Sofia University "St. Kliment Ohridski"

### 1. General presentation of the procedure and the Ph.D. student

By order No. PD-38-132 of 05.03.2024. of the Rector of Sofia University "St. Kliment Ohridski" I have been appointed as a member of the scientific jury to ensure a procedure for the defense of a dissertation work on the topic "Education of emotional intelligence in adolescents through the means of art" for the acquisition of the educational and scientific degree "doctor" in the field of higher education 1. Pedagogical sciences, professional direction 1.2. Pedagogy, doctoral program: Theory of education and didactics (Theory of education).

The author of the dissertation is Evgenia Evgenieva Chausheva - full-time doctoral student at the "Educational Theory" department, supervised by Assoc. Dr. Vladislav Gospodinov - Sofia University "St. Kliment Ohridski".

The doctoral student has submitted the necessary documents related to the procedure for the defense of the dissertation work. Attached are:

- dissertation work on the topic: "Education of emotional intelligence in adolescents through the means of art", which consists of 237 pages, of which 157 pages of the main text, 11 pages of bibliography (including 103 literary sources, of which 97 in Cyrillic and 6 in Latin alphabet and 3 internet resources) and 67 pages of appendices;
- author's abstract of a dissertation work for awarding the educational and scientific degree "doctor";
- autobiography;
- certificate of compliance with the minimum national requirements for ONS "doctor";
- declaration of originality of the dissertation work.

The candidate for the educational and scientific degree "Doctor" Evgenia Chausheva graduated from 133 secondary school with Russian language teaching "A.S. Pushkin", Sofia in 1995. In 2002, he obtained a Master's degree at UNSS, majoring in "International Economic Relations - Russian Language", and in 2013 - a Master's degree at Sofia University "St. Kliment Ohridski", specialty "Social work with children and families".

Evgenia Chausheva's career development began in 2000, as a chief expert, MRRD - Sofia. From 2006 to 2007, he was the chief expert - ET Dahi, Sofia. From 2008 to

2011 works as an editor at Dnes.bg, and since 2012 and is currently an editor at Webground.bg.

## **2. Relevance of the topic**

The dissertation is focused on researching a current and significant problem. The relevance is determined by the fact that the issue of the educational possibilities of art aimed at developing the emotional intelligence of adolescents is insufficiently studied in the Bulgarian pedagogical theory.

The significance of the development is related to the fact that the problems of stimulating and promoting the development of emotional intelligence in the targeted age period have not yet found their adequate solution, despite the various initiatives and activities in this direction. It is for this reason that the presented dissertation research represents a contribution to pedagogical theory and practice, as it offers for discussion the importance of education for the development of emotional intelligence.

The topic is dissertable and presents a unique view on the question of the role of education in promoting the development of emotional intelligence of adolescents.

## **3. Knowing the problem**

The candidate for the educational and scientific degree "doctor" Evgenia Chausheva demonstrates knowledge of the specific practical dimensions of the state of the problem in modern Bulgarian society and scientific awareness of the way in which the problem in question has been developed in the scientific literature.

## **4. Research methodology**

The dissertation has a clear paradigmatic determination. The main parameters of the research (object, subject, goal, hypothesis and research tasks) are precisely formulated and testify to a sufficiently high level of scientific research competence of the doctoral student and a pronounced personal attitude to the issue under consideration.

The used research methodology corresponds to the set research tasks.

## **5. Characterization and evaluation of the dissertation work and contributions**

The dissertation submitted for review is structured in four chapters and the corresponding paragraphs and subsections to them. The dissertation also contains an introduction, conclusion, bibliography and appendices. The total volume of the dissertation is 237 pages, of which 157 pages are the main text, 11 pages of bibliography (including 103 literary sources, of which 97 are in Cyrillic, 6 are in Latin, and 3 Internet resources), and 67 pages of appendices.

The structure of the dissertation work is logically related to the topic and makes it possible to more significantly highlight the scientific and scientific-applied aspects of the research. The structure of the dissertation thus used contributes to the consistent and scientifically based interpretation of the problem of clarifying the role of education in stimulating the development of the emotional intelligence of adolescents through the means of art.

In the introduction, the doctoral student justifies the topicality of the topic and emphasizes that the main goal of the dissertation research is aimed at presenting scientific data, that teachers and parents realize the importance of emotional intelligence in the development and upbringing of adolescents; they want the topic to be more widely advocated in the process of education and training at school, and that there is a need for emotional intelligence to be included in the curriculum. As the goal of the dissertation research, the doctoral student also presents the conviction that there is a need for the topic of emotional intelligence to be more widely advocated in the educational and educational process.

The introduction successfully fulfills its purpose - to prove that the chosen topic deserves the specific research focus, to outline the main unresolved aspects of the problem, as well as to establish the starting points for conducting the empirical study.

In the first chapter of the dissertation, some specifics of education as a social phenomenon are analyzed, views selected by Evgenia Chausheva on the essence of education as a process are presented. The characteristic features of adolescence as an age period are also clarified.

The second chapter of the dissertation is dedicated to emotional intelligence in adolescence, the modern aspects of the concept of emotional intelligence are revealed, an analysis of personality development in the targeted age period is made in the context of emotional intelligence.

The third chapter of the dissertation clarifies the features of art as a specific manifestation of the socialization and enculturation process and the education of emotional intelligence. The doctoral student's attention is directed to the formative role of the means of art, as well as to its therapeutic and educational function.

The fourth chapter of the dissertation reflects the practical-applied aspects of the education of emotional intelligence in adolescents through art. The design and methods of the empirical study are presented. The purpose, tasks and hypothesis of the research are clearly formulated. Appropriate methods have been selected to objectify the relevant scientific information and data.

A thorough and scientifically based analysis of the results of the empirical research is done. The results of the empirical research are presented very precisely and correctly by the doctoral student. The scientific analysis of the obtained empirical data is highly professional and reflects the main components of the researched problem. The conclusions and generalizations made are relevant to the proposed analyses. The specific theoretical aspects of the research and practical conclusions give completeness and completeness to the research, which has a theoretical-applied character.

In general, in terms of content, the individual aspects of the dissertation topic have been developed by the author competently, thoroughly and in detail. In the development of the dissertation, Evgenia Evgenieva Chausheva shows scientific competence, thoroughness and precision, critical thinking, practical sense and compliance with new trends in pedagogical theory and practice.

In summary, I would like to emphasize that the research process was carried out in its entirety, which is particularly convincing in the achieved unity - between the set research tasks and the structure of the dissertation work; between the formulated criteria for evaluating the results and the consistency in the description and analysis of the processed empirical data; between the formulated hypothesis and research tasks, and the specificity of the conducted empirical study.

**The contributions of the dissertation are of a scientific and applied nature:**

- A comprehensive study of modern scientific and practical-applied theories related to emotional intelligence among adolescents in the context of art has been done;
- A model for the education of emotional intelligence in adolescents through the means of art was constructed and implemented;
- An original empirical study was conducted with adolescents, parents and teachers regarding the role and place of emotional intelligence for the education of children and adolescents, the need to conduct additional qualification courses for parents and teachers and their active involvement in the educational process at school;

- The proposed model for the development of emotional intelligence has been approved effectively and successfully implemented in targeted interactions with adolescents.

#### **6. Evaluation of the publications and personal contribution of the Ph.D. student**

On the topic of the dissertation, Evgenia Evgenieva Chausheva presents 3 independent publications, published in 2020, 2022 and 2023. Two of the publications (2020 and 2022) are in collections and one (2023) in the magazine "Pedagogika". The topic of the scientific developments is related to the dissertation work.

#### **7. Abstract**

The abstract fully and accurately reflects the content, main results and scientific contributions of the dissertation work.

#### **8. Recommendations for future use of dissertation contributions and results**

I strongly recommend the author to offer the dissertation work for printing, so that the results of the serious scientific research work can become known to a wide range of specialists.

### **CONCLUSION**

The dissertation contains scientific and applied results, which represent an original contribution to science and meet all the requirements of the Law on the Development of the Academic Staff in the Republic of Bulgaria (ZRASRB), the Regulations for the Implementation of ZRASRB and the relevant Regulations of Sofia University "St. Kliment Ohridski". The presented materials and dissertation results fully comply with the specific requirements of the Regulations of Sofia University "St. Kliment Ohridski" for application of ZRASRB.

The dissertation shows that the doctoral student Evgenia Evgenieva Chausheva possesses in-depth theoretical knowledge and professional skills in the scientific specialty Theory of education and didactics (Theory of education), demonstrating qualities and skills for independent conduct of scientific research.

Due to the above, I confidently give my positive assessment of the conducted research, presented by the above-reviewed dissertation work, abstract, achieved results and contributions, and I propose to the honorable scientific jury to award the educational and scientific degree "doctor" to Evgenia Evgenieva Chausheva in the field of higher education: 1. Pedagogical sciences, professional direction 1.2. Pedagogy, doctoral program Theory of education and didactics (Theory of education).

26.04.2024

Prepared the opinion: .....

(Assoc. Prof. Snezhana Popova, Ph.D.)