

OPINION

by Prof. Dr. Iliana Christova Mircheva,
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regarding the submitted materials for a competition for the occupation of a scientific position "associate professor" by professional direction 1.2. Pedagogy (School hygiene and health education), announced for the needs of the Faculty of Pedagogy at Sofia University "St. Kliment Ohridski" in SG no. 103 of 12.12.2023

Grounds for presenting the opinion: By order RD-38-72/ 07.02.2024 of the Rector of Sofia University "St. Kliment Ohridski" I have been appointed as a member of the scientific jury in the competition for the position of "associate professor" in professional field 1.2. Pedagogy (School hygiene and health education), announced for the needs of the Faculty of Pedagogy at Sofia University "St. Kliment Ohridski" in State Gazette no. 103 of 12.12.2023

The only participant in the competition is Ch. Assistant Professor Berjuhi Mihran Yordanova, Ph.D.

Data on the participant in the competition: Assistant Professor Berjuhi Mihran Yordanova graduated in 2004 at the Faculty of Pedagogy, majoring in Social Activities, with a Master's degree. In 2009, she received the educational and scientific degree "PhD" in the scientific specialty 05.07.01. Theory of education and didactics based on a defended dissertation on "The child's readiness for school as a pedagogical-psychological problem." In 2012, Yordanova won a competition for the academic position of "principal assistant" in professional direction 1.2. Pedagogy (Adult Education) at the Faculty of Pedagogy at Sofia University "St. Kliment Ohridski".

Scientific and research activity: Ch. assistant professor Yordanova submitted 21 publications for participation in the competition - 19 independent and 2 co-authored. They include a monograph, a book based on the dissertation, one article in a scientific publication, referenced and indexed in world-renowned databases

with scientific information, 3 studies, 14 articles and reports published in non-refereed peer-reviewed journals, one university textbook. The presented works refer to two thematic areas: School hygiene and health education and upbringing of children in preschool and school age and Educational and educational aspects of healthy nutrition of children and students. The posts correspond directly to the contest profile.

For participation in the competition, PhD Yordanova submits a habilitation thesis/monograph on the topic "Healthy nutrition of children of upper school age (educational and educational aspects)" with ISSN 978-954-07-5720-9 with scientific review, edition of 2023. The work is dedicated to a topic that is current and directly aimed at the topic of the announced competition. The book provides an in-depth review of the features related to the health, hygiene and development of children of the specified age. Factors influencing children's nutrition have been tracked. National and international documents focused on the topic of student nutrition were analyzed. Yordanova analyzes in detail data from an empirical study conducted with high school students and also with teachers. Based on the analysis, a conceptual model for healthy eating was developed and presented. The work presented provides valuable guidelines for pedagogical practice regarding healthy eating, enriching knowledge and forming skills in students to maintain a healthy lifestyle.

The book "Healthy education in the context of the socio-behavioral readiness of the child for school" was also presented, which was written on the basis of the defended dissertation work. It is directly related to the theme of the contest and pays attention to modern aspects of health education in preschool age. The paper presents experimental situations for laying the foundations of a health culture in children of the specified age. An author's projective test for diagnosing the socio-behavioral readiness of the preschool child is presented.

Yordanova also published a university textbook, which introduces students to the main directions of school hygiene and the relevant current aspects of health education and education.

In the rest of the works presented, special attention is paid to the nature and current problems of health education. A characterization of the main concepts from the field of health education has been made. Educational aspects of healthy eating are presented. Educational aspects related to students' unhealthy eating are affected. The influence of modern technologies on the health of students was also studied. Attention was drawn to the importance of school hygiene for the physical development, health and success of students. There is a logical connection between the conducted theoretical studies and the author's empirical studies.

Ch. assistant professor PhD Yordanova shows great activity as a scientist and researcher. She participated in 25 national and international scientific projects. He took an active part in 51 scientific conferences (in 38 of them with a sectional report).

Contributions:

In her scientific works, Dr. Yordanova highlights significant aspects of the issue under consideration (according to the profile of the announced competition). She shows a very good awareness of the problem, which allows her to put her scientific research on a solid foundation. Based on extensive research work, she developed a conceptual model for healthy student nutrition and also a model of school health education.

The publications present and analyze in detail the influence of the factors that have an impact on physical and mental health, as well as on laying the foundations of a healthy culture in children and students. An analysis of the results of a study of the interaction between formal and informal health education was also carried out.

The study of the topic of the main emphasis of health education and school hygiene has been examined from various aspects, and in the conducted research, persons from different categories - pupils, teachers, students - have been included. This makes it possible to follow different points of view on the issue.

Conclusion:

Based on the established scientific achievements and academic activity, I give a positive assessment and suggest to the respected members of the scientific jury to propose to the Faculty Council of the Faculty of Pedagogy at Sofia University "St. Kliment Ohridski" of Ch. assistant professor PhD. Berjuhi Mihran Yordanova to be awarded the scientific position "associate professor" in professional field 1.2. Pedagogy (School hygiene and health education).

28.03.2024 г.

Sofia

Wrote the opinion:

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