

## **STANDPOINT**

**by Assoc. Prof. Irina Nesheva, Ph.D.**

**of dissertation work of Gergana Marinova Minkovska,**

PhD student of independent training and lecturer at Sofia University "St. Kliment  
Ohridski "

for awarding the educational qualification degree "**DOCTOR**"

by professional field **1.2. Pedagogy**

**(Preschool pedagogy)**

on the topic:

### **EDUCATIONAL ASPECTS OF THE GROUP MUSIC-MOTOR ACTIVITIES FOR 6-7 YEAR- OLD CHILDREN**

Scientific adviser: **Prof. Lucia Malinova Angelova**

- Relevance and significance of the problem

The study of the possibilities for the role of group musical-motor activities for mastering norms of behavior and building a number of personal qualities in children 6-7 years of age from kindergartens is undoubtedly a topical, but still not deeply developed problem. The dissertation has a scientific status and meets the requirements for such developments. The topic is dissertable and promising. Properly developed literature review has enabled the author to adequately define the working hypothesis. The scientific development based on many years of experience, through the purposeful use of musical instruments and recreational practices to improve the musical-motor skills and habits of adolescents makes an impression that PhD student Minkovska works with extreme dedication and competence to reveal the possibility of applying a **modified model** for interaction through group musical-motor activities and its effect on the behavior of preschool children and the assimilation of universal values, and I believe that nowadays they are really a huge deficit.

The presented dissertation work on its structure is correctly constructed. It has been developed in a volume of 194 pages, incl. 17 pages of applications. Includes three interconnected chapters; 39 figures and 6 tables, 156 literary, documentary and internet sources were used, of which 118 in Cyrillic, 17 in Latin and 21 web sites.

I allow myself to formulate some basic notes and recommendations to the approach, the applied scientific tools, the structure and content of the work, and its final scientific and applied products. They are in two directions and are mainly reduced to:

### **1. Logistics of the main elements in the study:**

Problem statement, goal, tasks, methodology, research organization, conclusions and recommendations.

### **Chapter One**

The literature review of DT includes a historical reference of the educational traditions and musical-motor activities in our lands; the doctoral student describes moral and aesthetic education as values; examines the age characteristics of 6-7 year old children, the place of physical culture in the normative documents for the fourth preparatory age group, the means of physical education for adolescents such as morning gymnastics, musical-mobile games and dances, and reveals the relationship between physical qualities and their development , through motor activities with musical accompaniment. The author Gergana Minkovska skillfully traces the influence of innovative motor activities with musical accompaniment, ie cheerleading and aerobics, as a modern educational tool for preschool children, based on her personal teaching experience, her great contribution (participant in the first representative team in aerobics in the period 1993 to 1997) and the successes for the university sport of Sofia University "St. Kl. Ohridski "in national, university and international sports formats from 2001 to 2016. Cheerleading judge.

### **Chapter two**

The purpose of the dissertation is defined and formulated precisely. Regarding the presented tasks, I believe that they are dictated by the goal and are sufficient. The large volume of educational and training work of the dissertation in the period (2001-2016) year - about 3300 trained students in aerobics, callanetics, including all students included in the representative cheerleading team of Sofia University for the specified period, introduces us to its preliminary preparation and conditionality aimed at conducting empirical research. The research methodology is adequately selected. I emphasize the large-scale problem and the included contingent - children, current teachers, students majoring in FVS, students majoring in preschool pedagogy and a foreign language.

## Chapter three

The analysis covers a volume of documentary material related to the results of: *first* - an opportunity for educational interaction of the approbatory model "Dance and Play" through the management of the kindergarten, students in practice and children from the fourth preparatory group; *second* - a positive assessment deserves the psychological-pedagogical experiment to establish the level of mastery of musical and motor activities of adolescents and characteristics of the applied pedagogical situations with the diagnosis of indicators from the control and experimental group (input profile) for the first time done in FC in kindergarten; *third* - a methodology for application of the experimental model for interaction through group music-movement activities was carried out and in the control group the model was not realized with good reason. Indicators for evaluation of the efficiency of the applied methodology are presented, which are six (output profile) and reveal the essence of the experiment; *fourth* - the results of the applied model are analyzed chronologically; *fifth* - the results of a study conducted among current teachers in kindergarten №8 "Prof. Dr. Elka Petrova "through the questionnaire method and *sixth* - a comparative analysis of the results of two surveys with students majoring in FVS at Sofia University (in the initial and final period of their training in the discipline" Rhythmics and Dance " ), regarding their attitude to musical-motor activities with an educational accent.

The described *7 conclusions* fully reflect the nature of the development. In the above *4 recommendations*, the doctoral student emphasizes the need to develop programs, teaching aids, guides and organize courses for additional competencies of preschool teachers and specialists on the application of modern and contemporary music and motor activities in children 6-7 years, which I believe that it is necessary for the realization of voluminous future work.

### **2. On the technical and stylistic design, according to the accepted norms**

- It is noteworthy that small technical errors were made related to the lack of presentation of Fig.2,3,4 and Table 2 after their mention in the text as the figures and table themselves are set out a few pages later and the connection between them is lost , which does not underestimate the content value of the development.

- From the licensed systems such as APA, MLA, Chicago or BDS style regarding the good format of the scientific works it is noticed that the author of DT has chosen BDS standard for compiling the bibliography, which is his right.

The extended scientific research, the researches and analyzes made in the dissertation work allow me to point out the following main **contributions** to the practice:

- The most significant part with the main practical-applied contribution is the organized and carried out psychological-pedagogical experiment in the natural conditions of the kindergarten, including the realization of pedagogical situations with directed musical-motor activities with emphasized educational interaction.
- I accept as a practical contribution the developed conceptual author's model "Dance and play" and I believe that its application would contribute to the prevention and overcoming of deficits in the education of adolescents, to achieve an indisputable health effect and to improve their personal characteristics and potential.

### **Question**

What are your expectations regarding the activity and success of students, current preschool teachers and specialists for the application of modern musical-motor activities related to the modified model mentioned above?

The doctoral student presented an abstract and three publications that fully meet the requirements of NACID and reflect her research on the topic.

Based on the above, I propose to the esteemed members of the scientific jury to vote positively on the award of the educational and scientific degree "Doctor" to **Gergana Marinova Minkovska** in professional field 1.2. Pedagogy (Preschool pedagogy).

February 11, 2021  
Sofia

Prepared a Standpoint: ✓  
Assoc. Prof. Irina Nesheva, PhD