

STATEMENT

By

Assoc. Krasimir Krastev Ivanov, PhD

Varna Free University

"Chernorizets Hrabar"

for a dissertation with the topic:

**"ROLE OF PERSONALITY CHARACTERISTICS AND
SOCIAL SUPPORT IN COPING IN EXISTENTIAL
CRISES"**

**for acquiring educational and scientific degree "Doctor"
scientific specialty 3.2. "Psychology"**

PhD student: Boyko Vasilev Panchev

Scientific Director:

Prof. DSc Irina Zinovieva

The proposed dissertational work is a modern reading of the effects of the crisis and in particular the existential crisis. Practical research so far has answered questions related more to the negative effects and destructive tendencies of crises, but this paper explores the positive side – the possibility that the crisis is a stimulus for personal development and growth.

The dissertation study meets the requirements for volume, structure, publications and bibliography. The dissertation on "The Role of Personality Characteristics and Social Support in Coping in Existential Crises" consists of 213 pages, of which 193 pages of main text and 20 pages of literature. 52 tables and one figure were used. The literature includes 164 titles, including titles in Bulgarian, English and French. On the topic of the dissertation were made 5 publications in scientific journals, participated in two national and 3 international conferences, as well as in one scientific project. In accordance with the minimum national requirements, there are 55 points.

In the theoretical part of the dissertation are skillfully presented the phenomena associated with the course of a crisis. The symptoms, the individual microcomponents and the factors influencing the dynamics of the crisis process are traced.

An essential part of the dissertation work is an analysis of post-traumatic growth and this is proof of the ability of the doctoral student and his supervisor to open new modern research fields.

The transformation of the traumatic experience into a process of personal growth is a complex multifactorial mechanism and is the basis of the effective restructuring of the negative component for the benefit of the personality.

In the dissertation paper are met the academic requirements for purpose, tasks, hypotheses of the study. The psychological toolkit was skillfully selected and the study itself was professionally executed.

The results obtained have been interpreted with skill and are graphically presented. The conclusions meet the significance requirement and are directly correlated with the tasks and hypotheses of the development. The publications are on the topic of dissertation research.

Very clear and with a specific practical application focus are the contributions of the dissertation research. There is no evidence of plagiarism.

All this gives me reason to propose to the Esteemed Jury to award Boyko Vasilev Panchev educational and scientific degree "**Doctor**" scientific specialty 3.2. "Psychology."

Varna

09.05.2024

Signature:.....

/Assoc. Prof. Krasimir Ivanov, PhD/