



Финансирано от  
Европейския съюз  
NextGenerationEU



СОФИЙСКИ УНИВЕРСИТЕТ -  
МАРКЕР ЗА ИНОВАЦИИ И ТЕХНОЛОГИЧЕН ТРАНСФЕР



## Research group 3.1.2: Active formulations and materials

Leading researcher: **Prof. Slavka Tcholakova**

### Members of research team:

**Prof. Ivanova**



**Assoc. Prof. Vinarov**



**Assoc. Prof. Burdziev**



**Assistant Prof. Lesov**



Appointed members of research group after competitions for recruitment of post-doctoral fellows:

**N. Pagureva**



**L. Delforce (France)**



**B. Petkova**



**D. Gazolu-Rusanova**



**Z. Mitrinova**



**F. Mustan**



Attracted students to prepare their MSc and BSc theses on the research program:

**MSc K. Tzvetkova**



**MSc M. Stoeva  
(Moldova)**



**MSc V. Yordanova**



**BSc A. Todorova**



**BSc S. Paskova**



**BSc M. Alipieva**

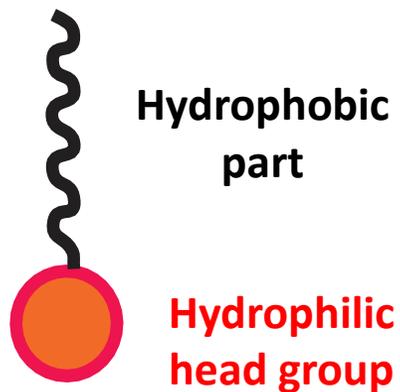


# Main scope of the research program

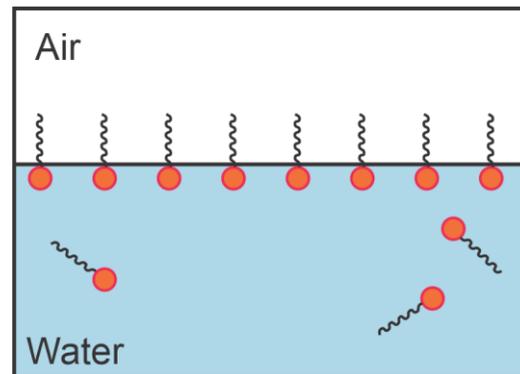
Role of molecular surfactant structure on the formation, stability and rheology of multiphase systems (aggregates and mesophases in the bulk, foams, emulsions and drug delivery systems) with main focus on **the eco-friendly, non-toxic surfactants**

An important problem that the group's scientific program addresses is how to replace traditional surfactants with rapidly biodegraded and non-toxic substances

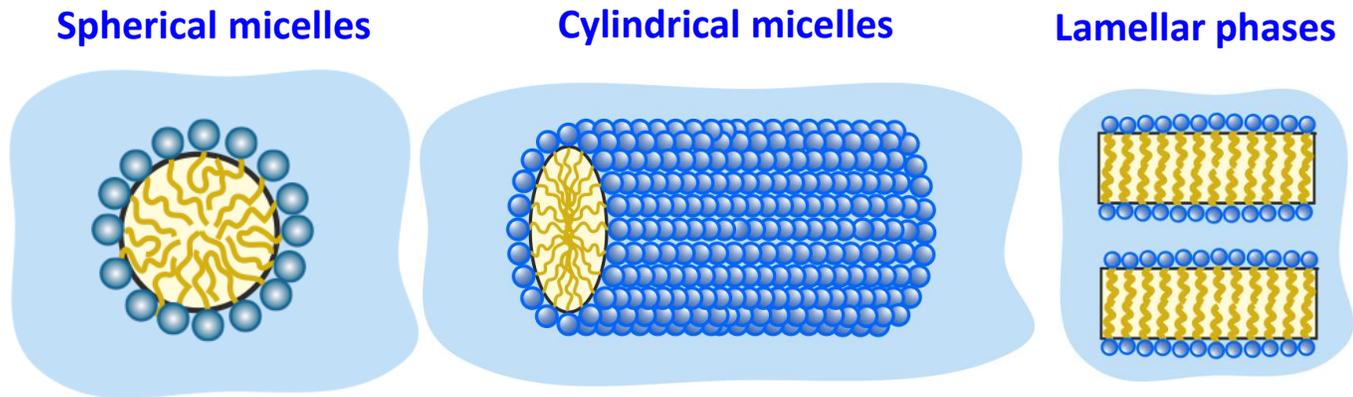
## Surfactants



## Adsorption on different interfaces



## Formation of aggregates

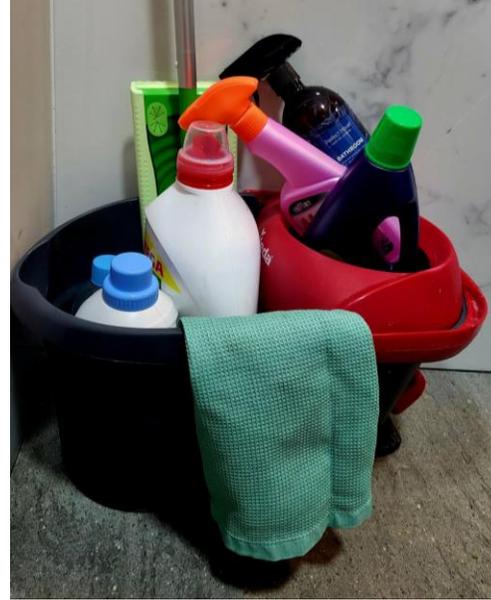


# Surfactants used in practice: 18.8 billion tons for 2022; US\$ 58.5 Bn in 2022

**Household care (~ 45 %)**



**Industrial cleaning (~ 30 %)**



**Personal care and cosmetics (~ 10 %)**



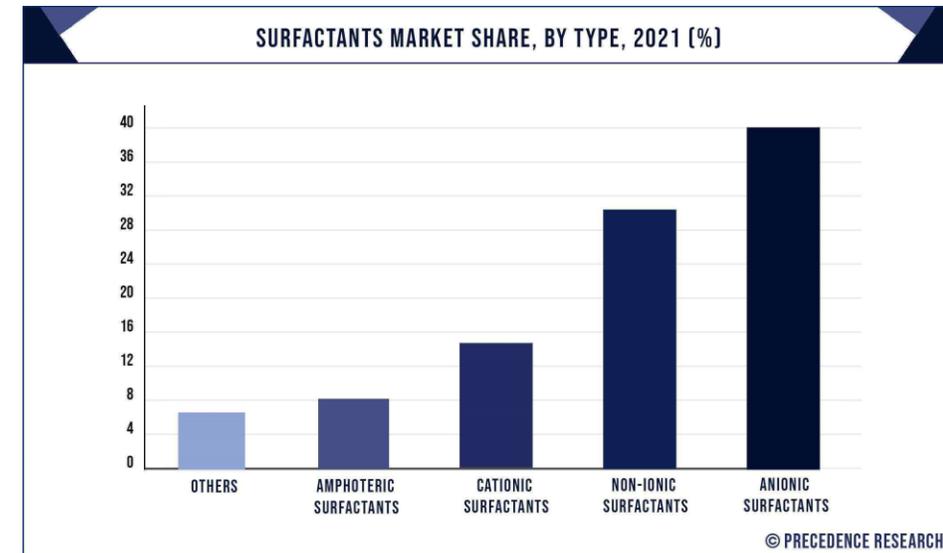
**Food and beverages (~ 10 %)**



**Other applications (~ 5 %)**

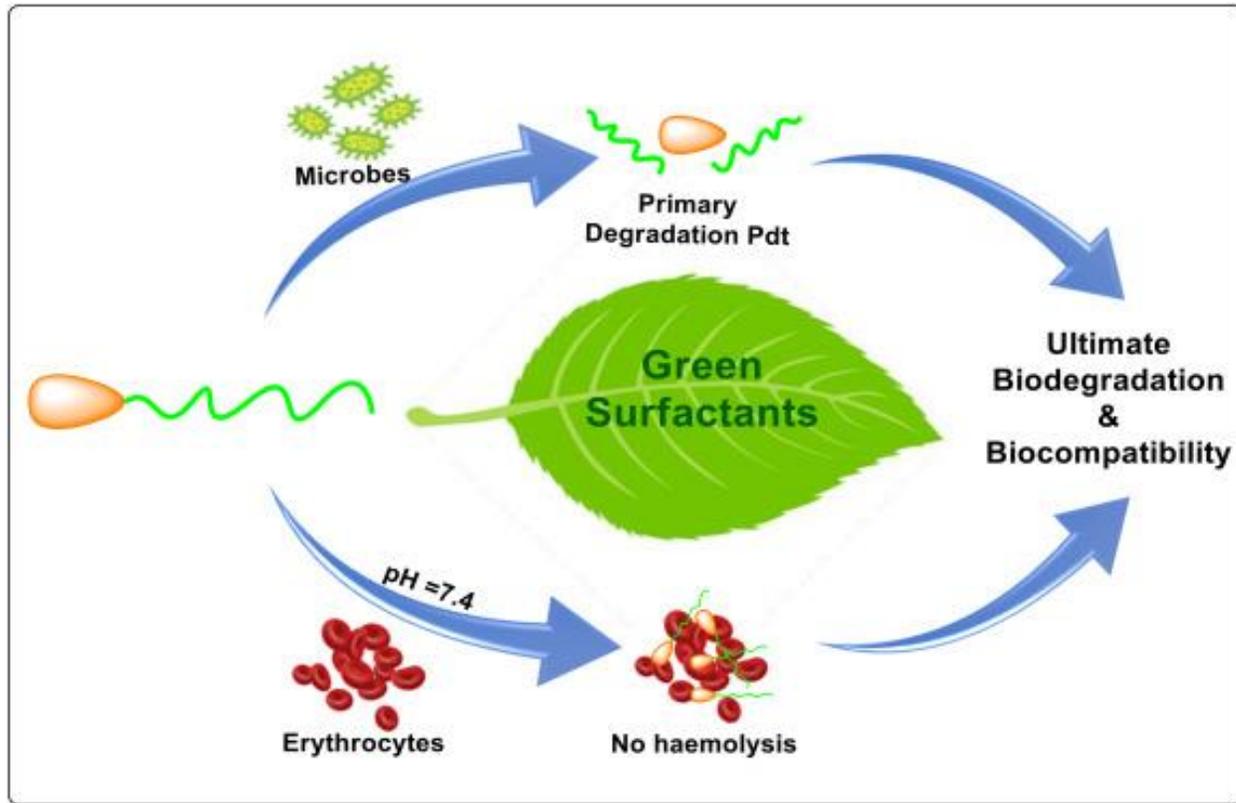


**Type of used surfactants (Precedence research)**



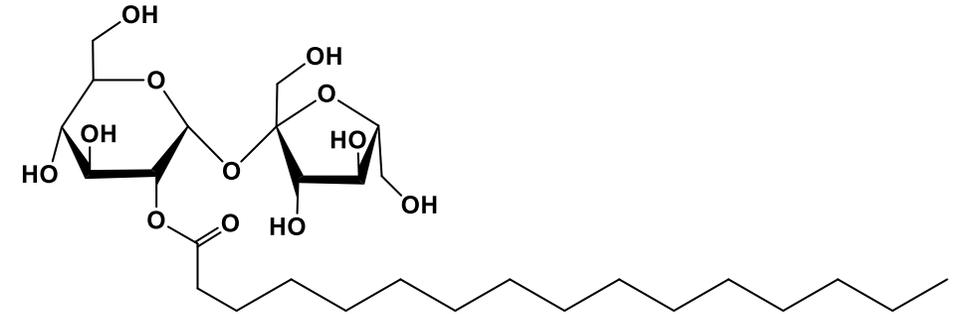
# Biodegradable and non-toxic surfactants

Chowdhury et al. 2021

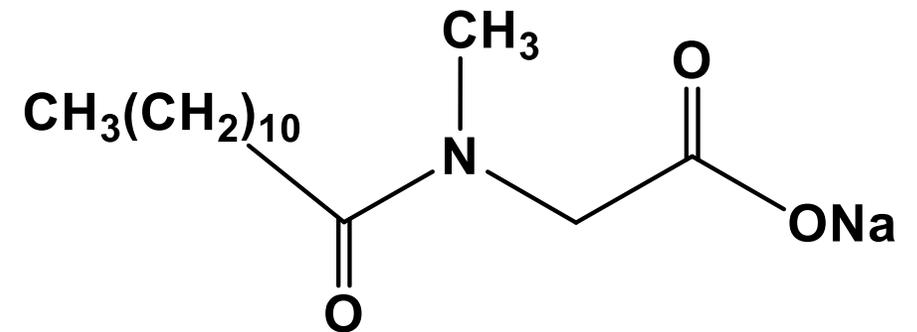


# Studied surfactants in the current period

## Alkyl sucrose esters

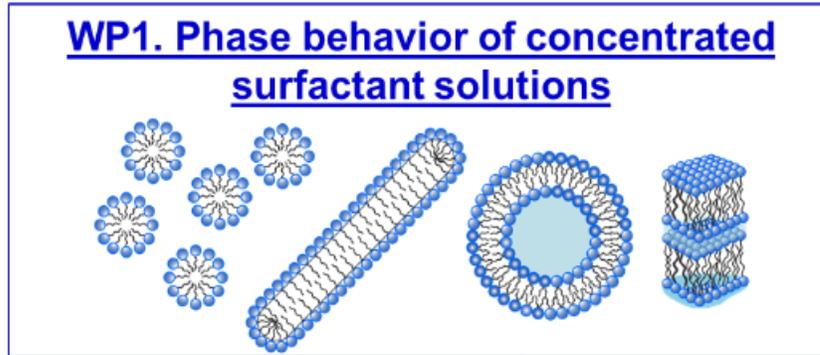


## Alkyl sarcosinate



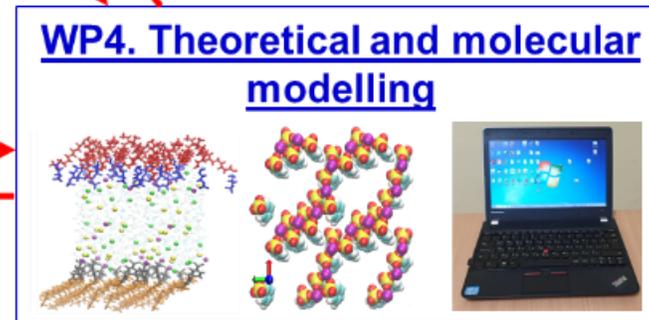
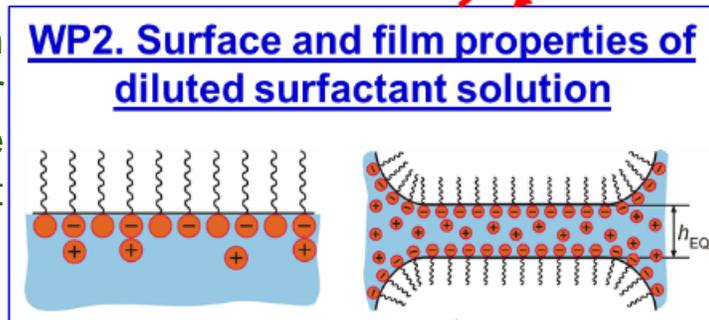
# Work packages and major aims of the studies

**WP1:** Clarify the effects of surfactants' molecular structure and concentration, electrolyte type and concentration, temperature and various additives on the type of formed aggregates.



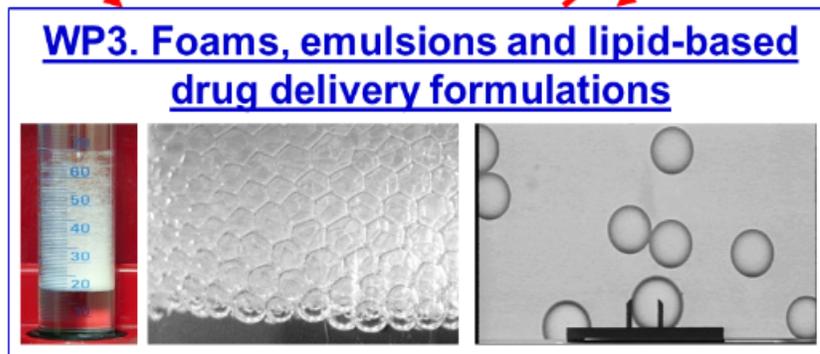
**WP1 & WP4:** Relate the type of aggregates to rheological response of the formulations; Predict the phase behaviour of concentrated surfactant solutions.

**WP2:** Relation between surfactant molecular structure and the properties of surfactant adsorption layers.



**WP4:** Molecular modelling of the main phenomena observed in concentrated surfactant solutions.

**WP3:** Clarify the role of hydrogen bonds on the rate of foam generation, and on the stability of the foams and emulsions formed; Prepare new class of self-emulsifying lipid-based drug delivery systems



**WP3 & WP4:** Determine the effect of non-Newtonian behaviour of the aqueous solution on the rheological response of emulsions; Develop a theoretical model for predicting the outcome of emulsification in non-Newtonian media

# Summary

<b>Tasks</b>	<b>Expected publications according to the proposal for the entire project</b>	<b>Prepared publications during first year of the project</b>
<b>1.1. Phase characterization</b>	<b>2 publications</b>	<b>1 manuscript submitted to JCIS 2 publications are under preparation</b>
<b>1.2. Rheological properties</b>	<b>1 publication</b>	<b>1 defended MSc Thesis and publication based on it is under preparation</b>
<b>1.3. Phase transitions</b>	<b>2 publications</b>	<b>2 publications are under preparation</b>
<b>2.1. Dynamic adsorption layers.</b>	<b>1 publication</b>	<b>1 manuscript submitted to COCIS</b>
<b>2.2. Equilibrium adsorption layers.</b>	<b>1 publication</b>	<b>1 publication is under preparation</b>
<b>2.3. Film properties</b>	<b>1 publication</b>	
<b>3.1. Foams</b>	<b>2 publications</b>	<b>1 manuscript published in CSA 1 publication is under preparation</b>
<b>3.2. Emulsions</b>	<b>2 publications</b>	<b>1 defended MSc Thesis and publication based on it is under preparation</b>
<b>3.3. Lipid-based drug delivery systems</b>	<b>1 publication and 1 patent application</b>	
<b>4.1. Molecular dynamics simulations</b>	<b>2 publications</b>	
<b>4.2. Theoretical model for concentrated solutions</b>	<b>1 publication</b>	<b>1 defended MSc Thesis and publication based on it is under preparation</b>
<b>4.3. Theoretical model for concentrated emulsions</b>	<b>1 publication</b>	<b>1 prepared manuscript which will be submitted to JCIS</b>

## Dissemination of the results from the project:

- (1) S. Tcholakova, „Co-surfactants as a powerful tool for optimization of the formulation properties“, 12<sup>th</sup> World Surfactant Congress, 5-7 June 2023, Rome, Italy – **keynote lecture**.
- (2) S. Tcholakova, „Physicochemical control of foam and emulsion properties“, XI Formulation Conference Lille, 3 - 6 July 2023, Lille, France – **plenary lecture**.
- (3) S. Tcholakova, „Formation and rheology of emulsions and nanoemulsions“, UK Colloids Conference, 17 - 19 July 2023, Manchester, UK – **keynote lecture**.
- (4) S. Tcholakova, „Formation and rheology of emulsions and nanoemulsions“, 20<sup>th</sup> July 2023, Research center of Unilever, Port Sunlight, UK – **invited lecture**.
- (5) S. Tcholakova, „Биоразградими сърфактанти: предимства и предизвикателства при тяхното използване“ на 29 септември 2023 в рамките на ЕВРОПЕЙСКА НОЩ НА УЧЕНИТЕ, СОФИЯ.
- (6) S. Tcholakova, „Physicochemical control of foam and emulsion properties“, 23<sup>th</sup> October 2023, IFPEN, France – **invited lecture**.
- (7) N. Pagureva, M. Hristova, N. Burdziev, S.Tcholakova „Rheological properties and phase behavior of Sucrose Palmitate at different temperatures“, Научна сесия на Факултет по химия и фармация СУ ”Св. Климент Охридски” 21.11.2023.

## Main achievements during year 1

- 6 postdocs appointed on the project
- 2 established researchers appointed on the project
- 3 MSc students and 3 BSc students attracted to work on the project
- 1 published manuscript in Colloids and Surfaces A (Q1)
- 2 submitted manuscripts to international journals in Q1 (JCIS and COCIS)
- 3 defended MSc Theses with excellent scores
- 1 plenary and 2 keynote lectures delivered on the international conferences
- 1 invited lecture in research institute of Unilever, UK and 1 invited lecture in IFPEN, France
- 6 signed collaboration contracts with international companies (Unilever, BASF, Wacker)
- 1 collaboration agreement with Prof. Hristo Svilenov (Ghent University, Belgium)
- Appointment for organization Formula XII conference in Sofia in 2025
- Participation in project 101157688 — SurfToGreen for topic: HORIZON-JU-CBE-2023-IA-05 — Development of scalable, safe bio-based surfactants, with an improved sustainability profile in Type of action: HORIZON JU Innovation Actions, **selected for funding on 24/01/2024**. Expected starting date 01/10/2024.
- Participation in project 101168870 — Edible Soft Matter for call: HORIZON-MSCA-2023-DN-01 — Doctoral Networks, **which has been selected for funding on 21/03/2024**. Expected starting date 01/09/2024.

# Main scientific results obtained during first year of the project

## **WP1: Phase behavior of concentrated surfactant solutions**

Manuscript under review in Journal of Colloid and Interface Science, IF = 9.9; Q1:

**1. Temperature response of sucrose palmitate solutions: Role of ratio between monoesters and diesters** by N. Pagureva, D. Cholakova, Z. Mitrinova, M. Hristova, N. Burdziev, S. Tcholakova

Manuscripts under preparation:

**2. Rheological response of sodium alkyl sacrosinates** by M. Stoeva, D. Gazolu-Rusanova, N. Burdziev, S. Tcholakova

**3. Role of surfactant chain length and degree of esterification for phase behaviour of alkyl sucrose ester solutions** by N. Pagureva, D. Cholakova, P. Borisov, S. Tcholakova

**4. Salts as triggers for changing phase behaviour of nonionic alkyl sucrose ester solutions** by N. Pagureva, D. Cholakova, P. Borisov, N. Burdziev, S. Tcholakova

Defended MSc Thesis with excellent score:

M. Stoeva: Rheological response of sodium alkyl sacrosinates

BSc Theses under preparation:

1. A. Todorova: Phase behaviour of sodium lauroyl lactylate

2. S. Paskova: Role of second surfactant for phase behaviour of SLES mixtures in presence of sodium salts

# Temperature response of sucrose palmitate solutions: Role of ratio between monoesters and diesters

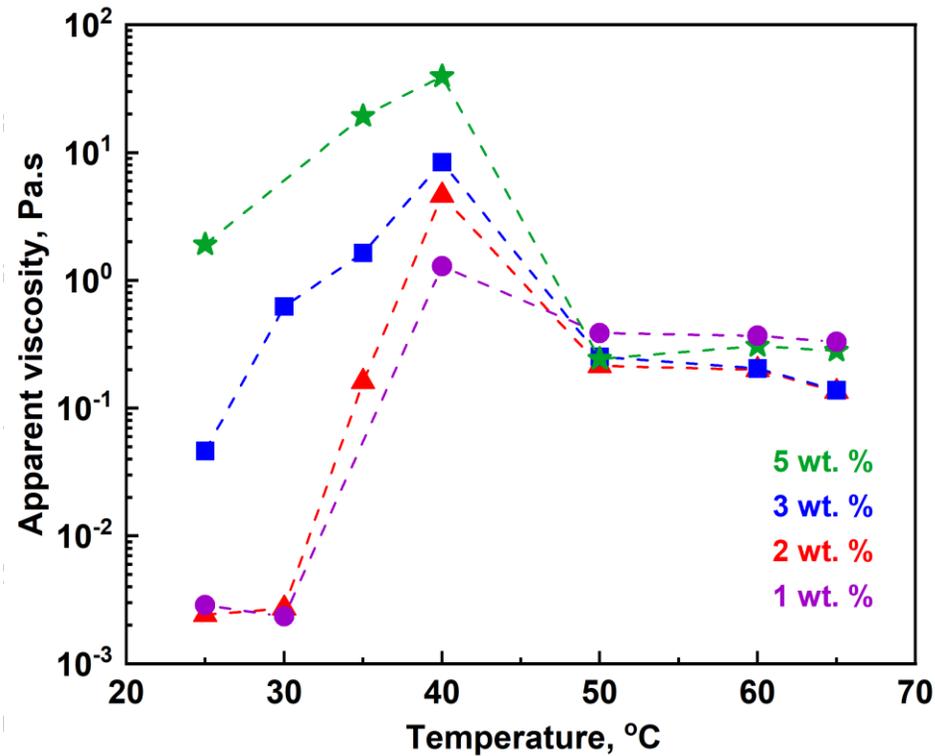
N. Pagureva, D. Cholakova, Z. Mitrinova, M. Hristova, N. Burdziev, S. Tcholakova

Under review in *Journal of Colloid and Interface Science*, IF = 9.9, Q1

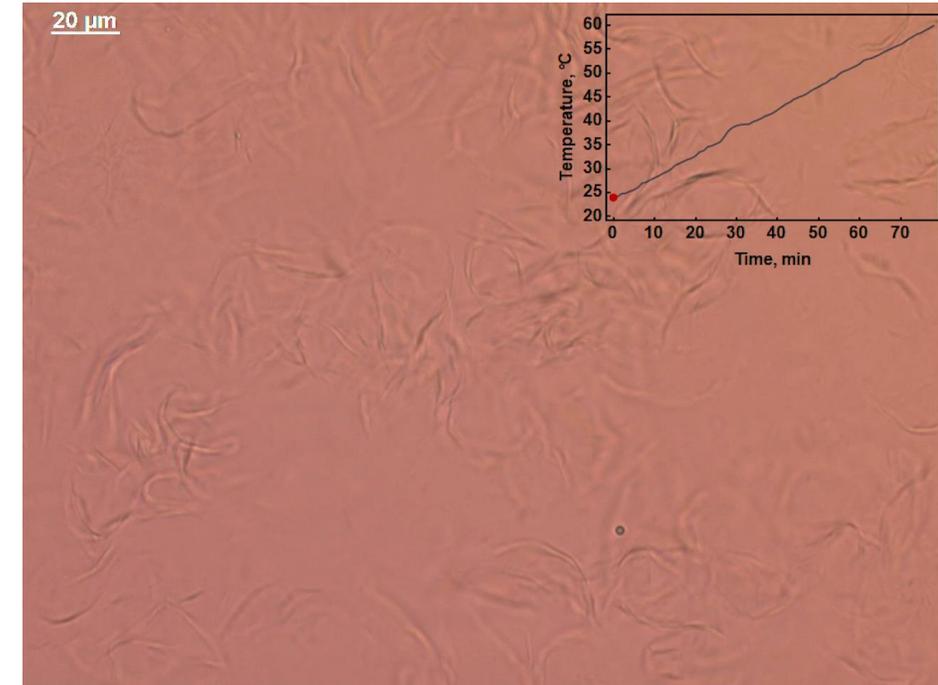
## Viscosity



Apparent viscosity vs temperature



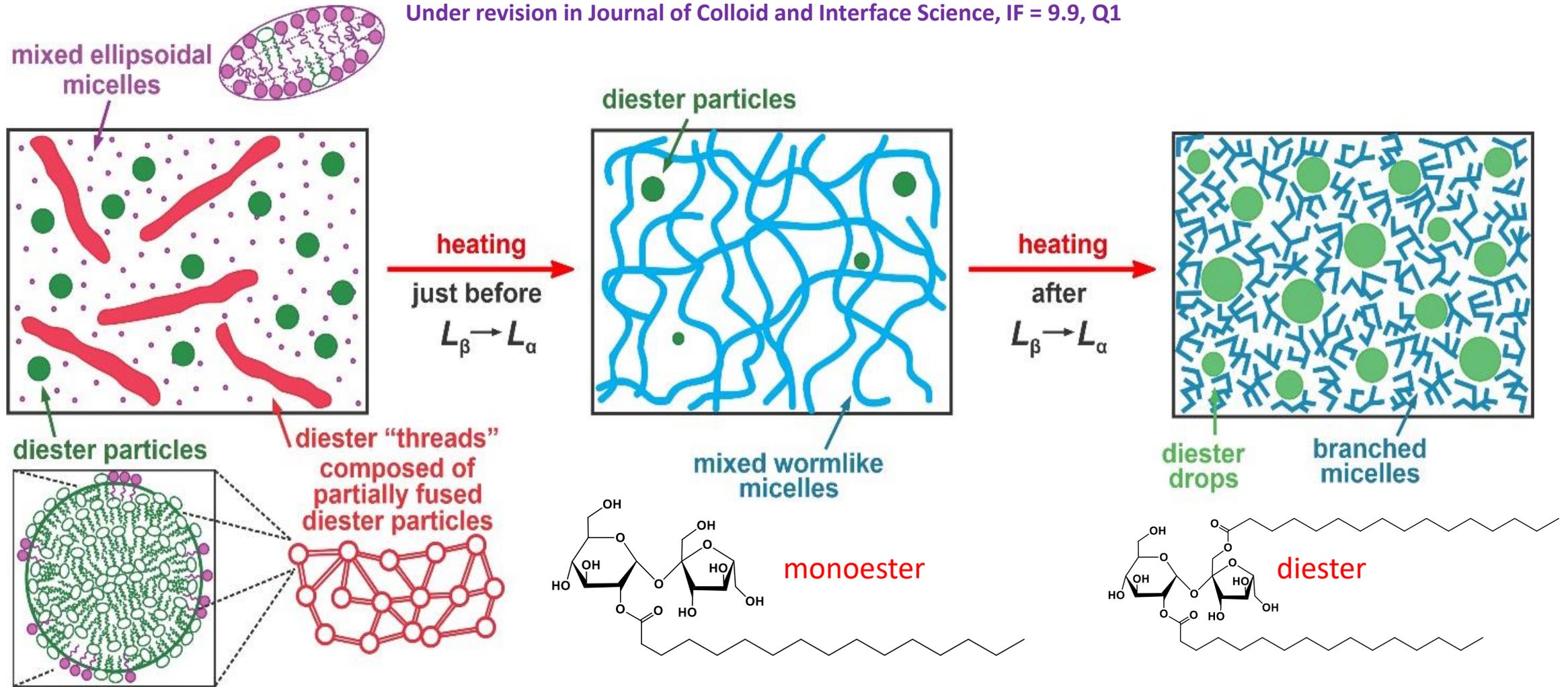
Phase behavior under microscope



# Temperature response of sucrose palmitate solutions: Role of ratio between monoesters and diesters

N. Pagureva, D. Cholakova, Z. Mitrinova, M. Hristova, N. Burdziev, S. Tcholakova

Under revision in Journal of Colloid and Interface Science, IF = 9.9, Q1



At  $T \approx 25\text{ }^\circ\text{C}$ : diesters are arranged in particles; monoesters are in elongated ellipsoidal micelles.

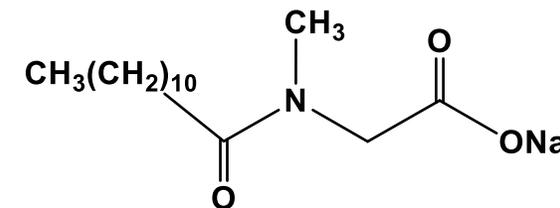
At  $T \approx 40\text{ }^\circ\text{C}$ : diesters and monoesters form long mixed wormlike micelles  $\Rightarrow$  very high solution viscosity

At  $T \approx 60\text{ }^\circ\text{C}$ : diesters form emulsion drops; monoesters form branched micelles and viscosity decreases

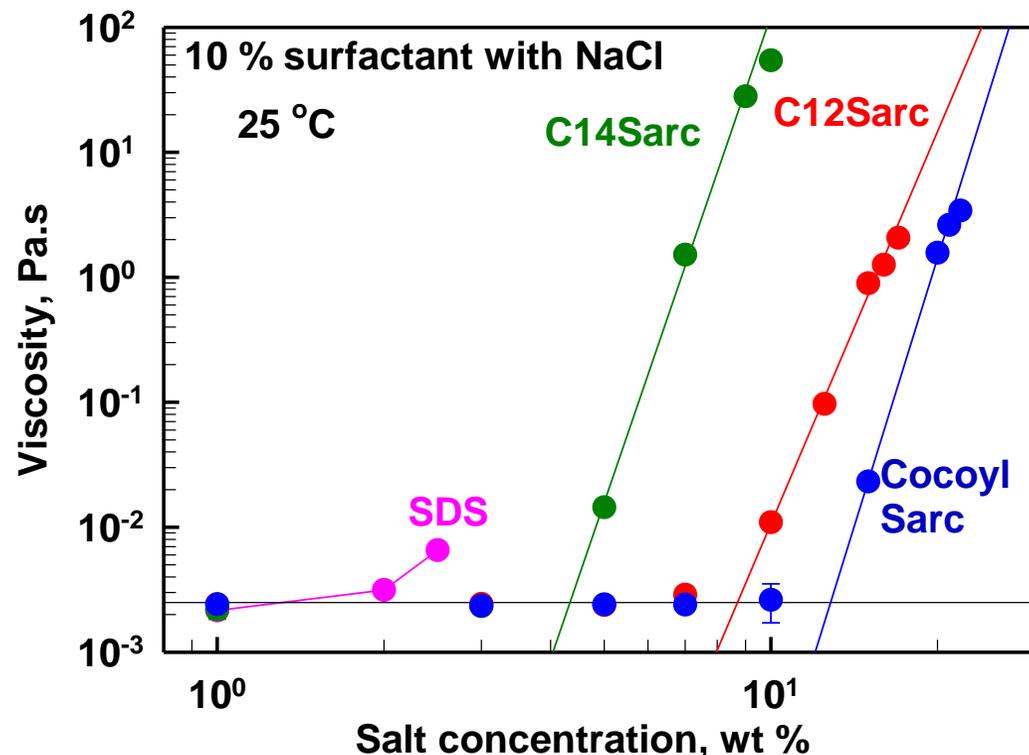
# Rheological response of sodium alkyl sacrosinates

M. Stoeva, D. Gazolu-Rusanova, S. Tcholakova

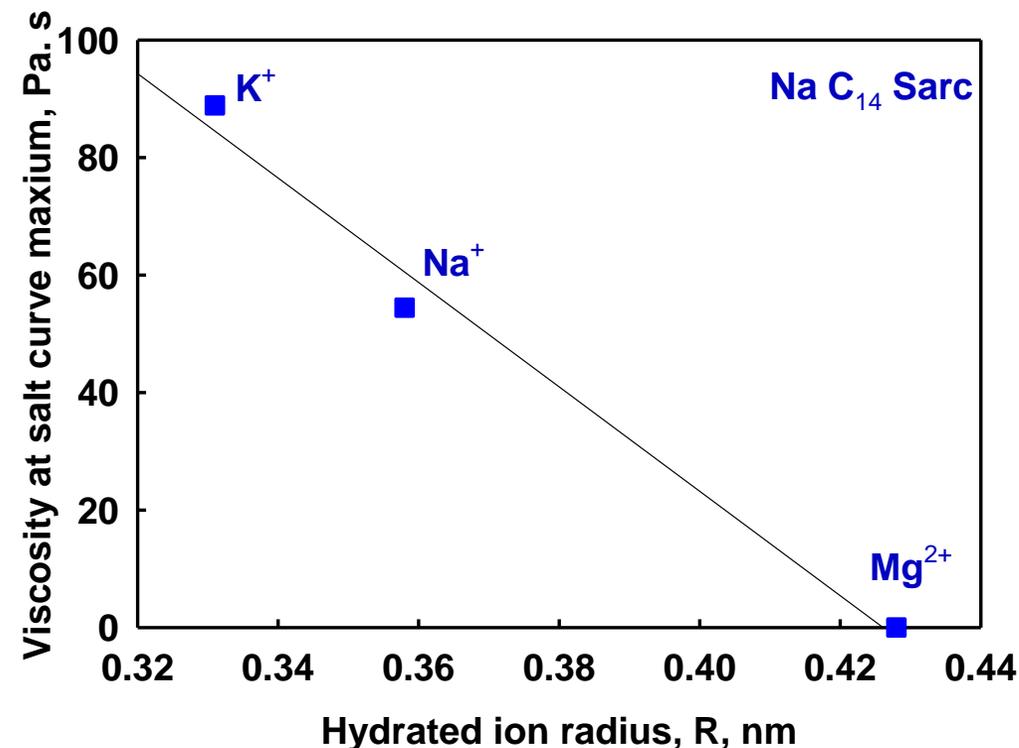
Defended MSc Thesis of M. Stoeva with excellent score  
(manuscript under preparation)



### Viscosity vs NaCl concentration



### Maximal viscosity vs hydrated ion radius of counterion



The increase of salt concentration decreases the electrostatic repulsion between the head groups of alkyl sarcosinates, leading to formation of wormlike micelles in the solutions.

Further increase of salt concentration leads to precipitation of alkyl sarcosinate salts, instead of formation of branched micelles (as the conventional anionic surfactants, such as SLES).

## **WP2: Surface and film properties of diluted surfactant solutions**

**Invited manuscript under review in Current Opinion in Colloid and Interface Science, IF = 8.9; Q1:**

**1. Bubble size and foamability: role of surfactants and hydrodynamic conditions** by S. Tcholakova and B. Petkova

**Manuscript under preparation:**

**2. Surface, film and foam properties of sodium alkyl sarcosinate solutions** by B. Petkova, S. Tcholakova

## **WP3: Foams, emulsions and lipid-based drug delivery formulations**

**Published manuscript in Colloids and Surfaces A, 611 (2024) 133844; IF = 5.2; Q1:**

**1. Role of temperature and urea for surface and foam properties of nonionic surfactants with dodecyl alkyl chain** by L. Delforce and S. Tcholakova

**Manuscripts under preparation:**

**2. Formation and stability of soybean oil emulsions from sucrose solutions of nonionic surfactants** by K. Tzvetkova, Z. Vulkova, S. Tcholakova

**3. Stability of foams formed from solutions of nonionic surfactants: Role of surfactant tail and method for foam generation** by L. Delforce and S. Tcholakova

**Defended MSc Thesis with excellent score:**

**K. Tzvetkova: Formation and stability of soybean oil emulsions from sucrose solutions of nonionic surfactants**

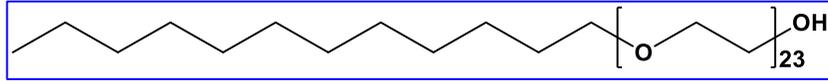
**BSc Thesis under preparation:**

**Mira Alipieva: Foamability of biodegradable anionic surfactants**

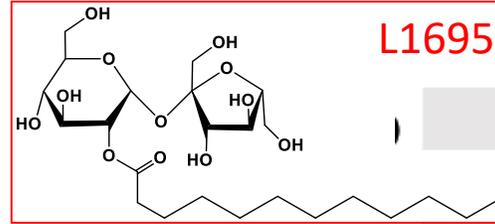
# Role of temperature and urea for surface and foam properties of nonionic surfactants with dodecyl alkyl chain

L. Delforce, S. Tcholakova

Brij L23



L1695



## Film properties

L1695

Brij L23

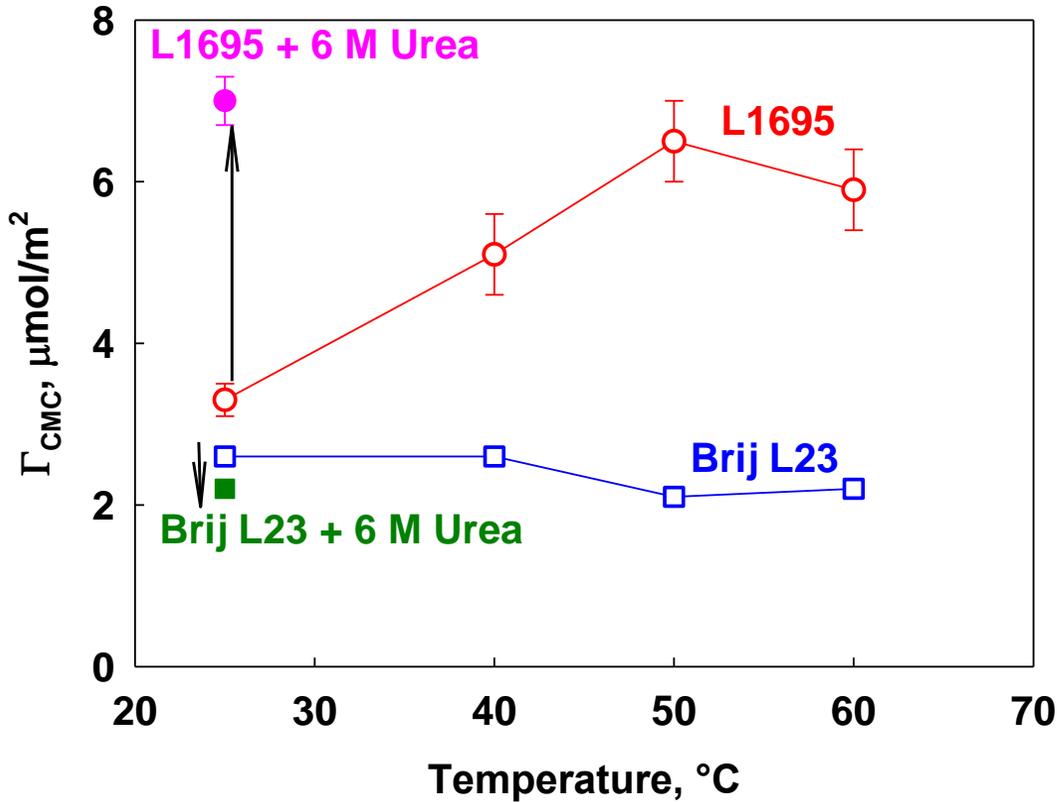
5 min

10 min

5 min

10 min

Surfactant adsorption



25 °C

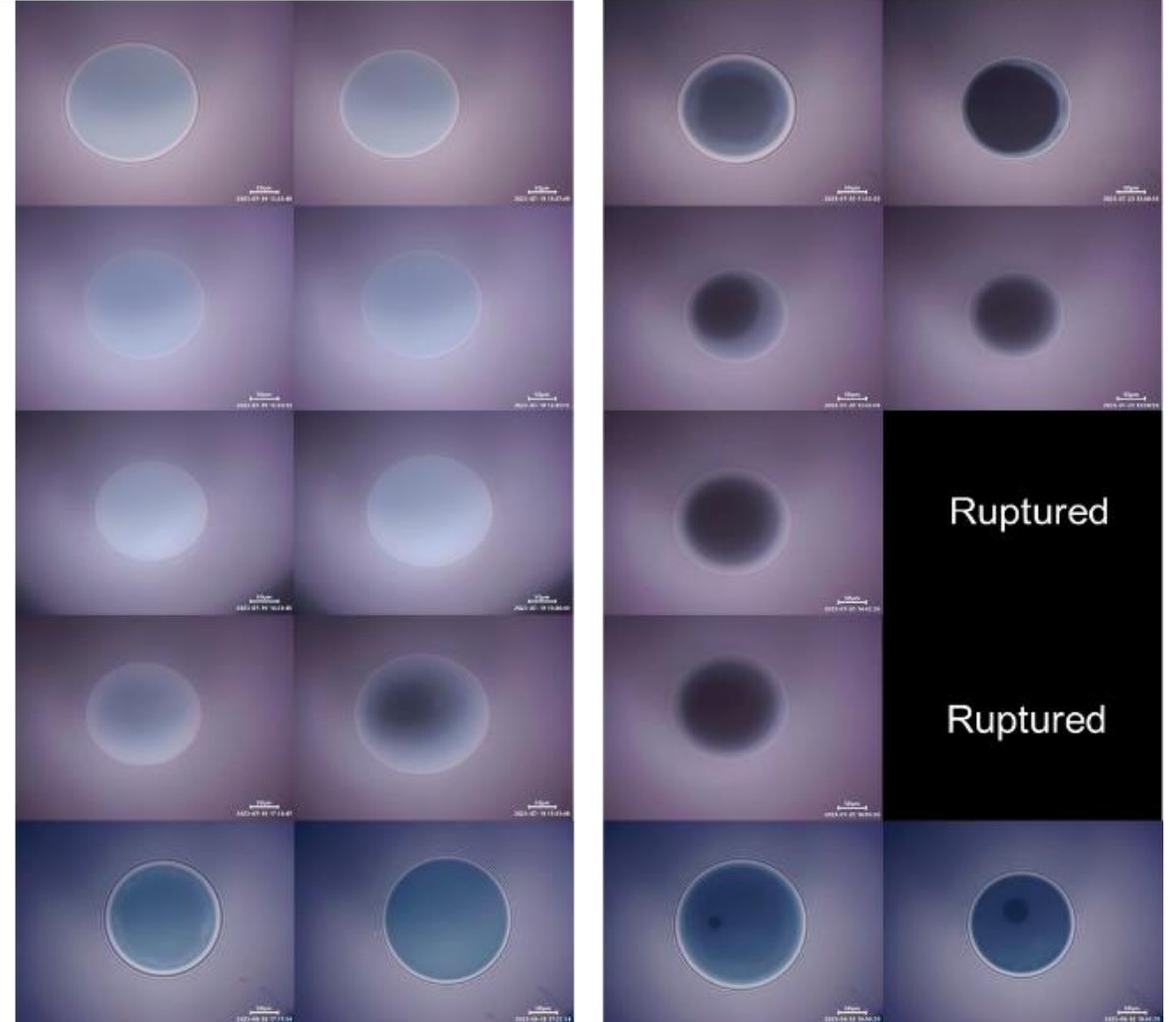
40 °C

50 °C

60 °C

25 °C

+ 6 M Urea



Ruptured

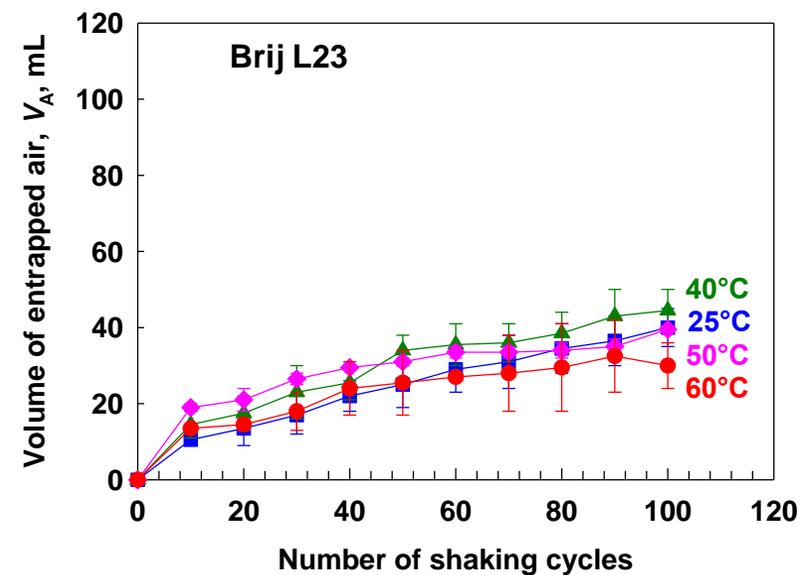
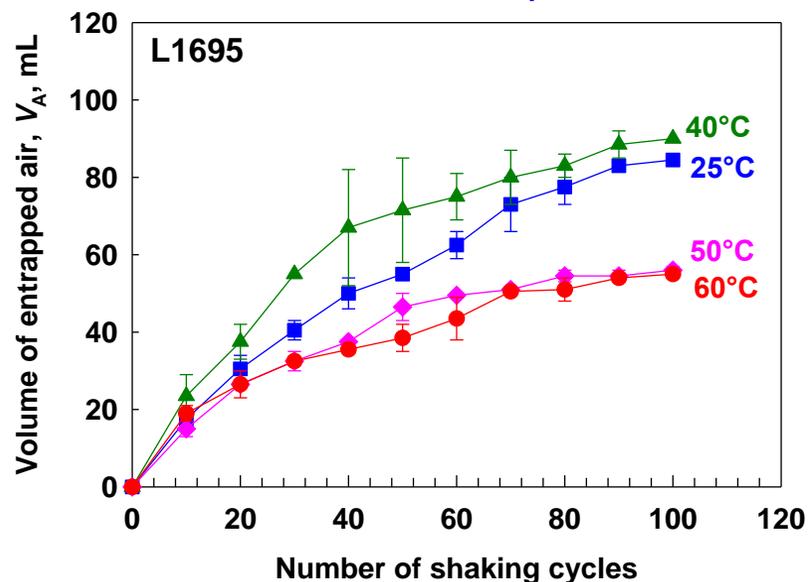
Ruptured

# Role of temperature and urea for surface and foam properties of nonionic surfactants with dodecyl alkyl chain

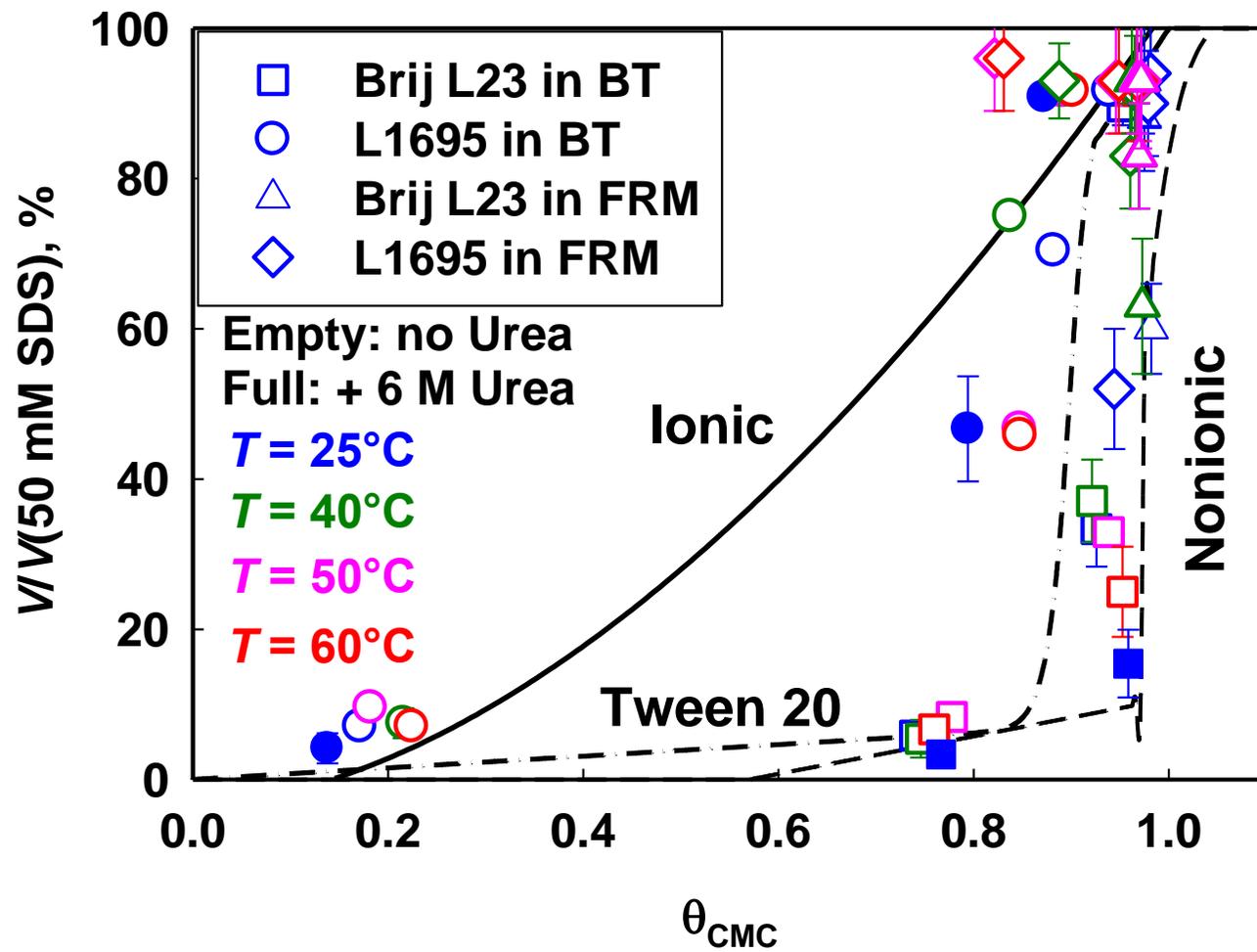
L. Delforce, S. Tcholakova

Colloids and Surfaces A, 611 (2024) 133844, IF = 5.2, Q1

## Foamability



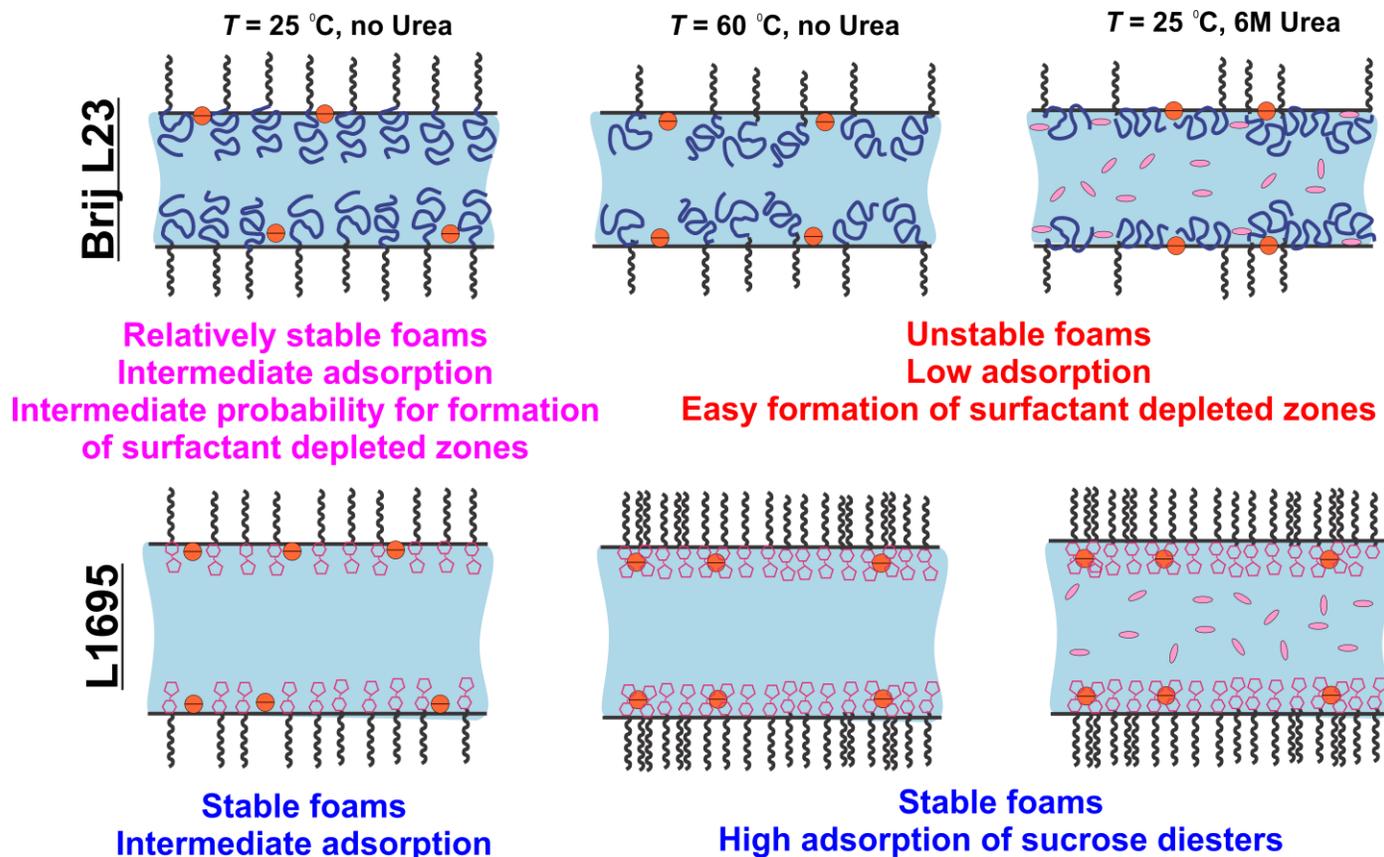
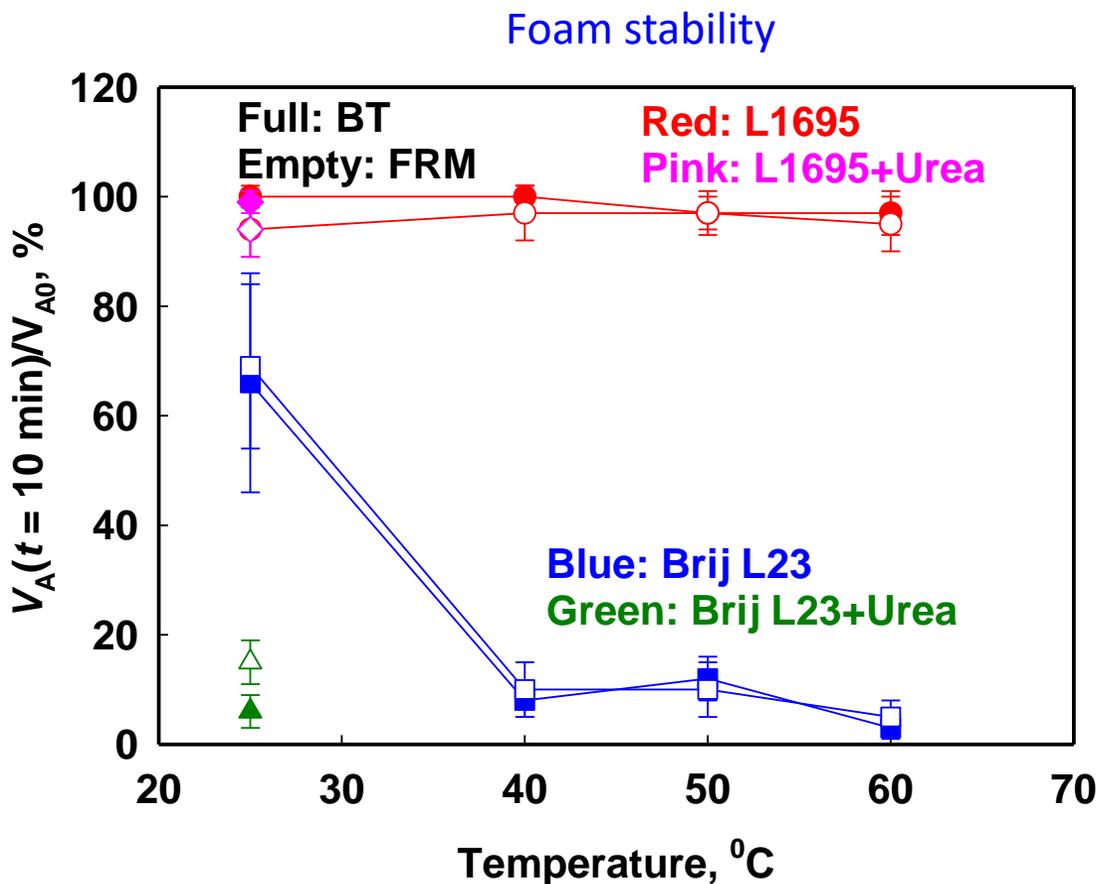
## Foamability vs dynamic surface coverage



# Role of temperature and urea for surface and foam properties of nonionic surfactants with dodecyl alkyl chain

L. Delforce, S. Tcholakova

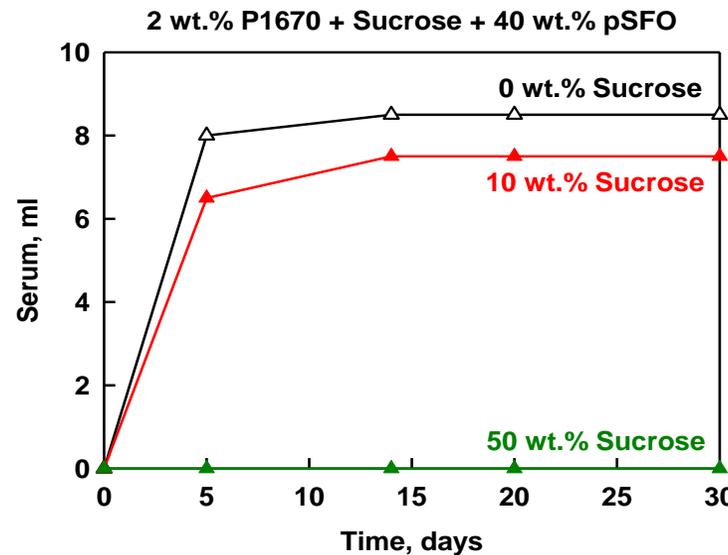
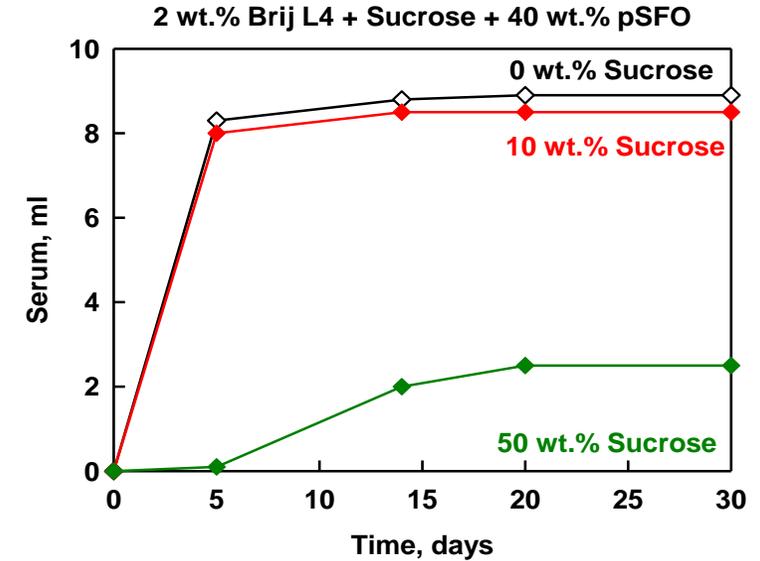
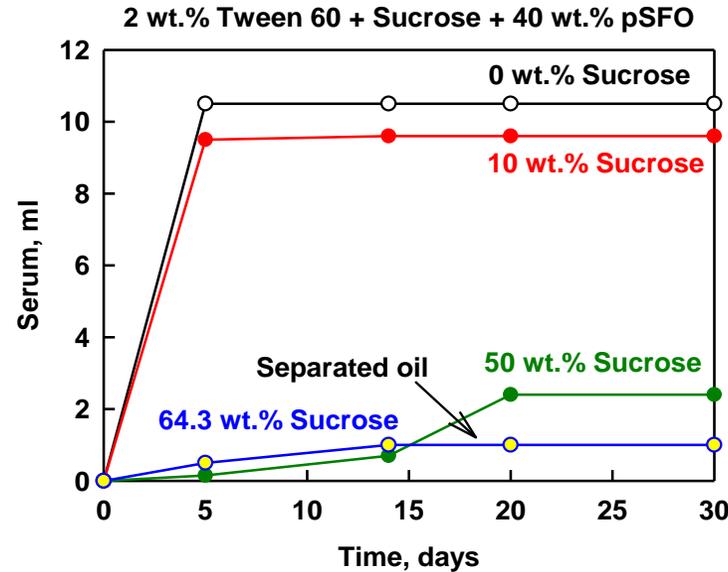
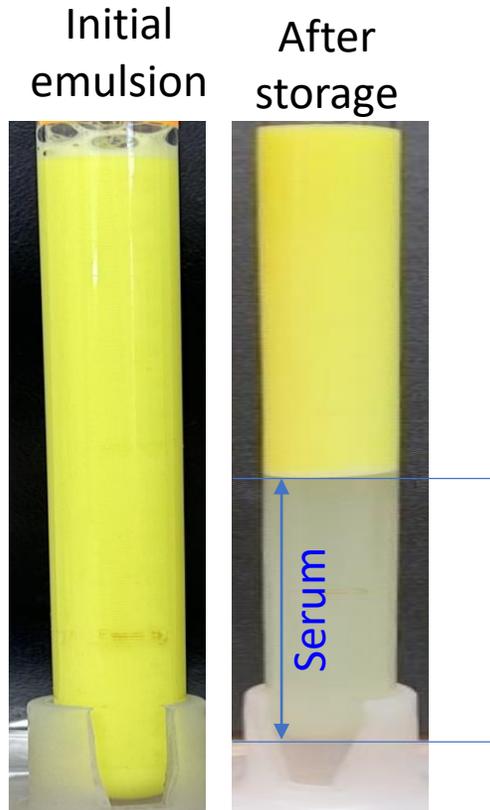
Colloids and Surfaces A, 611 (2024) 133844, IF = 5.2, Q1



# Formation and stability of soybean oil emulsions from sucrose solutions of nonionic surfactants

K. Tzvetkova, Z. Vulkova, S. Tcholakova

Defended MSc Thesis of K. Tzvetkova with excellent score; manuscript under preparation



Emulsion stability passes through a maximum while increasing sugar concentration in the aqueous solution.

The emulsion of 40 wt. % SFO, obtained from 2 wt.% P1670 with added 50 wt.% sugar, remained stable for more than 30 days.

# WP4: Theoretical and molecular modelling

## Defended MSc Thesis with excellent score:

V. Yordanova: Role of co-ions for phase behaviour of SLES solutions

## Manuscripts under preparation:

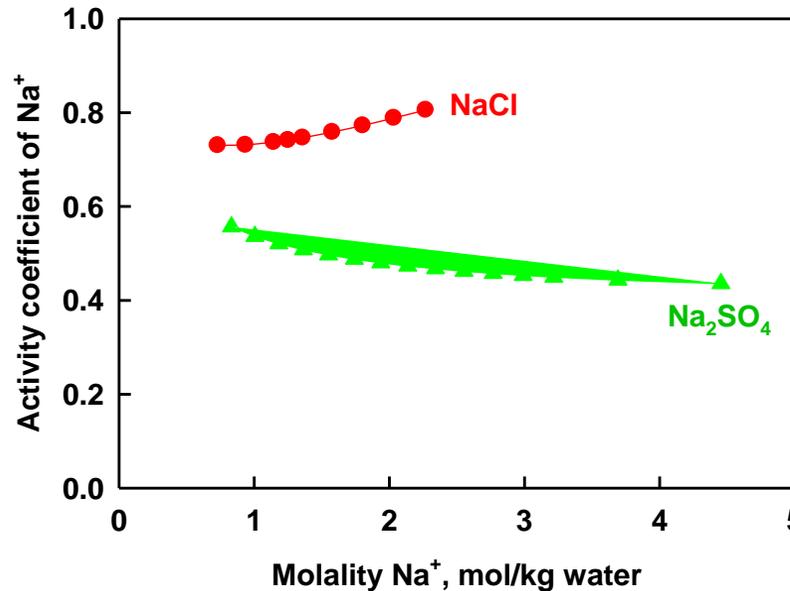
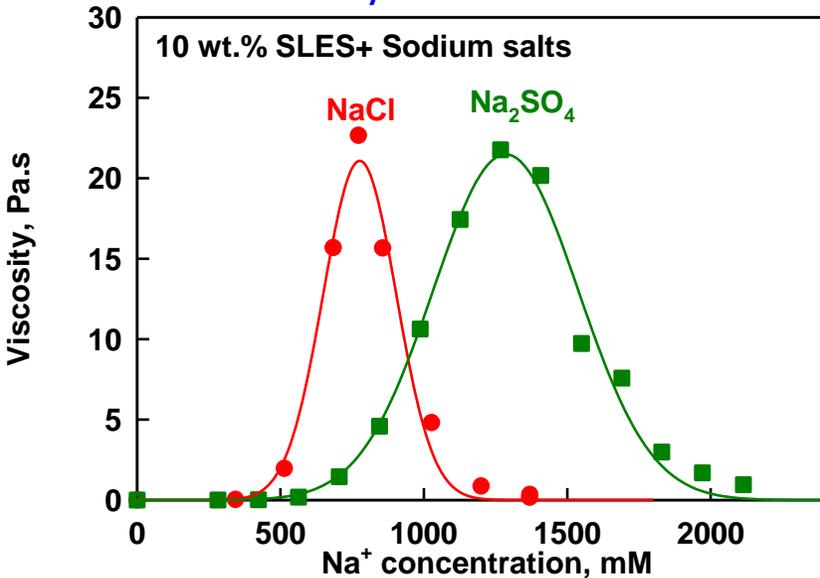
1. Emulsification of silicone oils in Newtonian and non-Newtonian media of wormlike micelles by I. Lesov and S. Tcholakova
2. Role of co-ions for phase behaviour of SLES solutions by V. Yordanova, Z. Mitrinova and S. Tcholakova
3. Role of counterions for phase behavior of SLES-CAPB mixtures by Z. Mitrinova and S. Tcholakova

# Role of co-ions for phase behaviour of SLES solutions

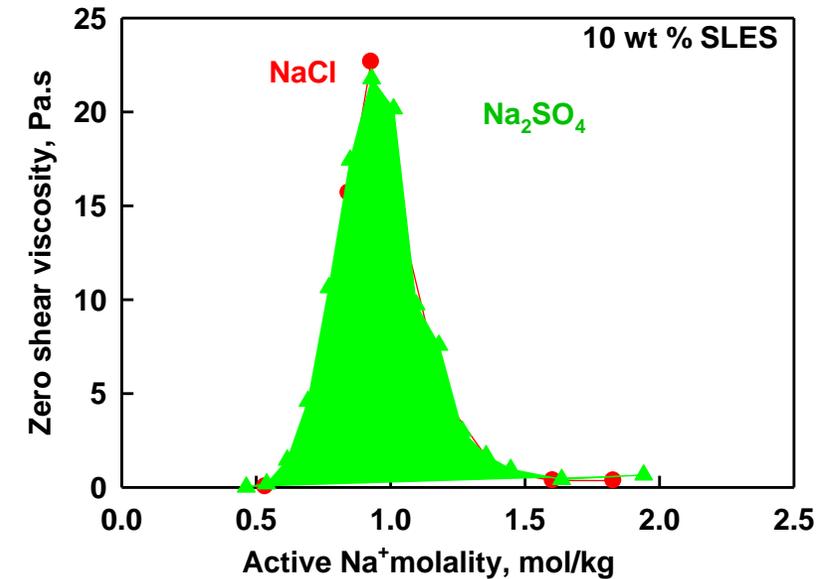
V. Yordanova, Z. Mitrinova, S. Tcholakova

Defended MSc Thesis of V. Yordanova with excellent score  
(manuscript under preparation)

Viscosity vs Na<sup>+</sup> concentration



Viscosity vs Na<sup>+</sup> activity



## Individual activity coefficients

Khoshkbarchi&Vera 1996

$$\ln \gamma_i = -\frac{A_x z_i^2 I_x^{1/2}}{1 + 9I_x^{1/2}} + \frac{B_{xi} I_x^{3/2}}{1 + 9I_x^{1/2}} + D_{xi} \ln(1 + 9I_x^{2/3})$$

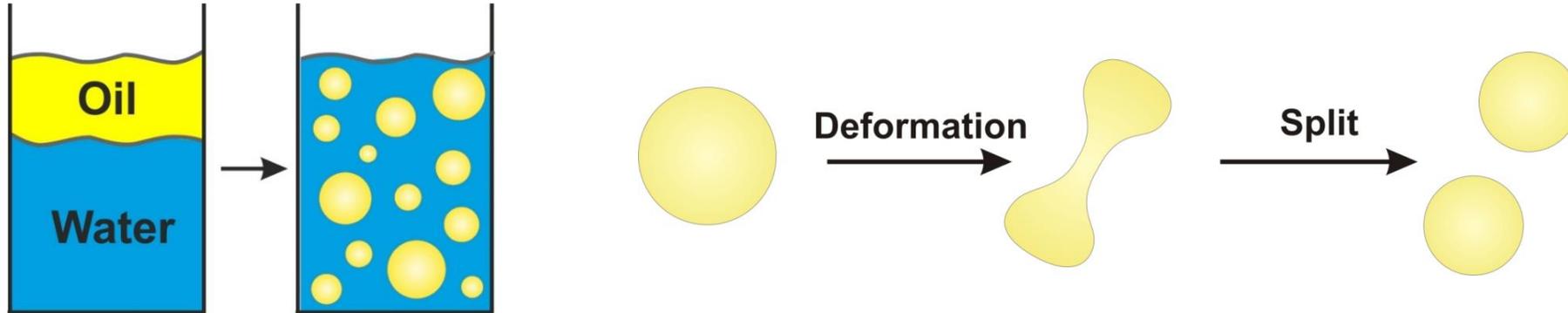
New theoretical model is developed to account for the activity coefficients of Na<sup>+</sup> ions coming from different salts.

Universal viscosity curve as a function of Na<sup>+</sup> activity for SLES with different salt mixtures is obtained using the new model.

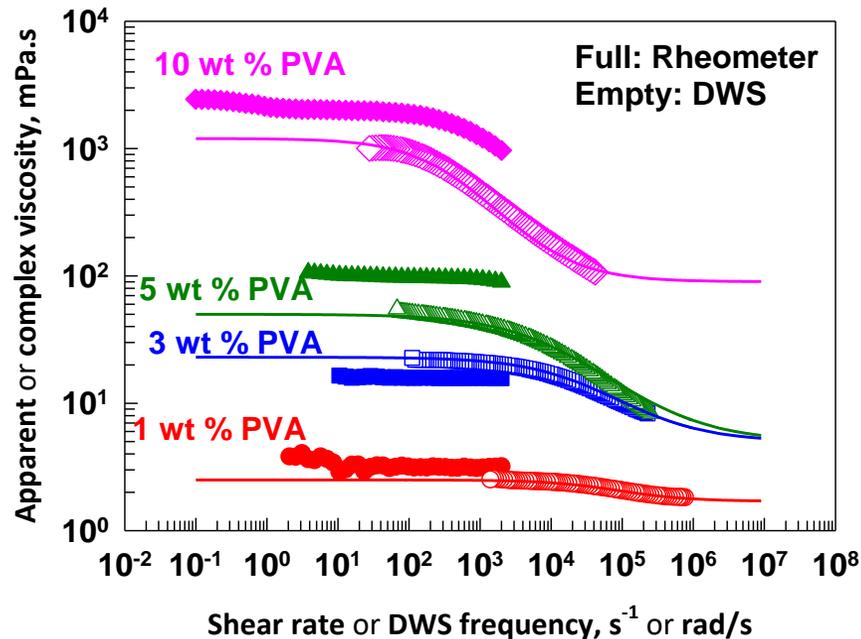
# Emulsification of silicone oils in Newtonian and non-Newtonian media of wormlike micelles

I. Lesov, S. Tcholakova

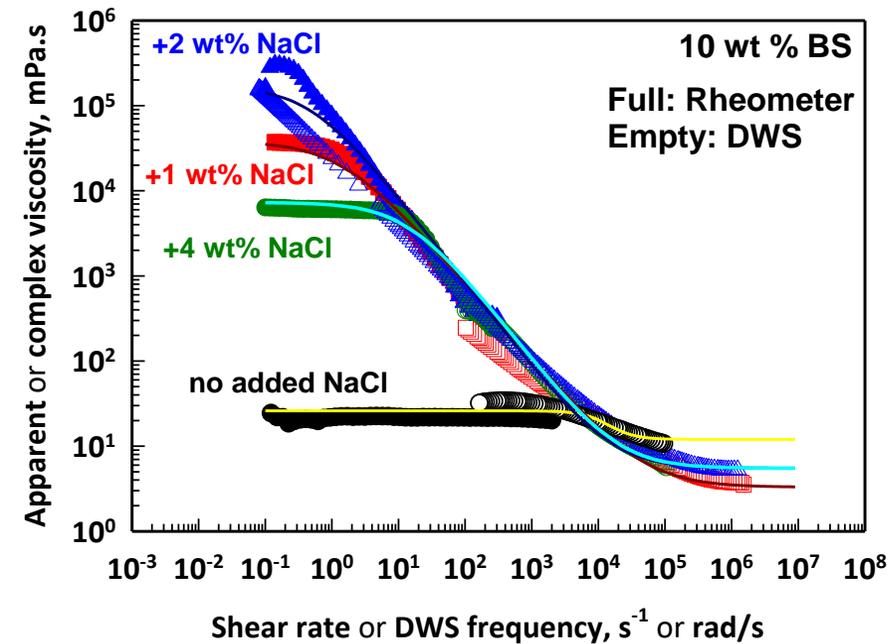
Manuscript prepared for submission in Journal of Colloid and Interface Science, IF = 9.9; Q1



Nearly Newtonian solutions



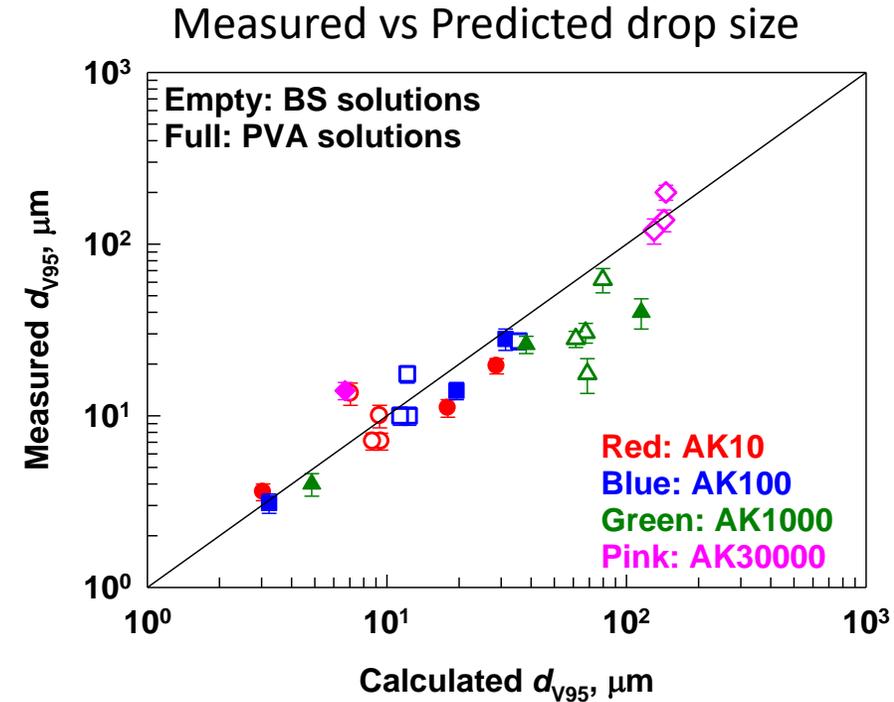
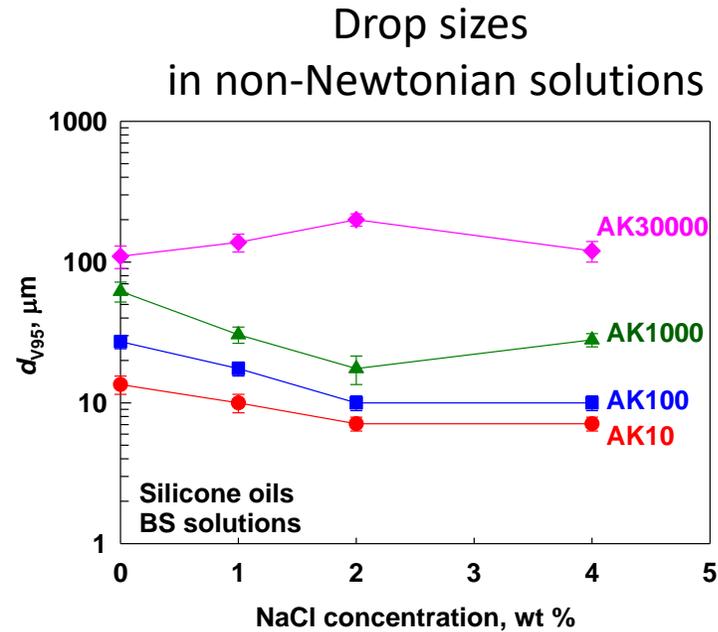
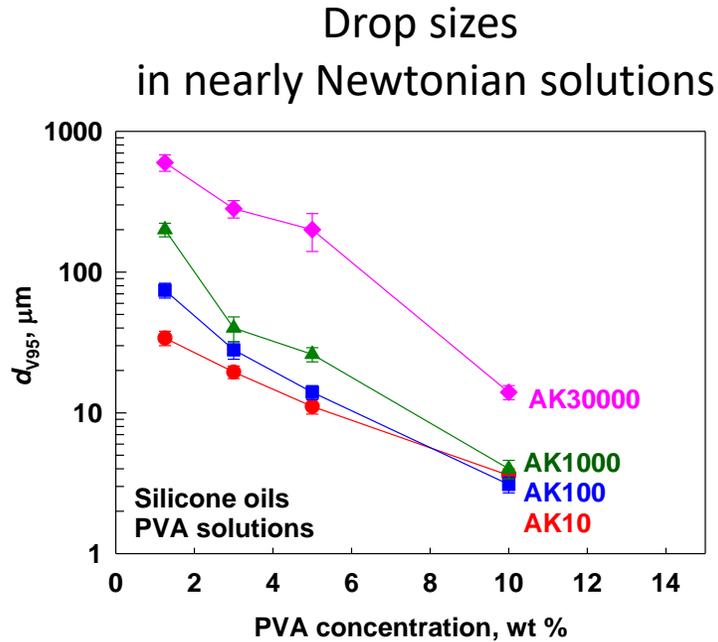
Non-Newtonian solutions



# Emulsification of silicone oils in Newtonian and non-Newtonian media of wormlike micelles

I. Lesov, S. Tcholakova

Manuscript prepared for submission in Journal of Colloid and Interface Science, IF = 9.9; Q1



$$\frac{\eta_{C0} - \eta_{C\infty}}{1 + (k_C \dot{\gamma})^{n_C}} \dot{\gamma} = C_6 \frac{\sigma}{d_V} + C_7 \frac{\eta_{D0} - \eta_{D\infty}}{1 + \left( k_D C_8 \frac{(\varepsilon d_V)^{1/3}}{d_V} \right)^{n_D}} C_8 \frac{(\varepsilon d_V)^{1/3}}{d_V}$$

**New equation for predicting the maximum drop size in emulsions formed in Newtonian and non-Newtonian media is derived and verified experimentally.**



Финансирано от  
Европейския съюз  
NextGenerationEU



СОФИЙСКИ УНИВЕРСИТЕТ -  
МАРКЕР ЗА ИНОВАЦИИ И ТЕХНОЛОГИЧЕН ТРАНСФЕР



**Thank you for your attention!**